

# IKAPIA

## MAGAZINE

ΟΡΓΑΝΟΝ ΤΩΝ ΑΠΑΝΤΑΧΟΥ ΙΚΑΡΙΩΝ ΚΑΙ ΦΟΥΡΝΙΩΝ

OFFICIAL MAGAZINE OF THE PAN-ICARIAN BROTHERHOOD OF AMERICA  
AND THE PAN-ICARIAN FOUNDATION



**IKARIA MAGAZINE IS A PUBLICATION OF THE  
PAN-ICARIAN BROTHERHOOD OF AMERICA, "ICAROS"**



**SUPREME PRESIDENT GEORGE PARALEMOS**

Telephone: 718.781.1491

icaros@aol.com

**PAN-ICARIAN BROTHERHOOD OF AMERICA**

51 Meadow Lane

Roslyn Heights, NY 11577

**2016-2017 SUPREME LODGE OFFICERS**

**SUPREME VICE-PRESIDENT DAMIANOS T. SKAROS**

60 Glendale Terrace, Orchard Park, NY 14127 Telephone: 716.983.2024 Email: dtskaros@gmail.com

**SUPREME SECRETARY CATHY PANDELADIS**

42 Timberline Court, Pittsburgh, PA 15217 Telephone: 412.418.6954 Email: cpandeladis@yahoo.com

**SUPREME TREASURER / DATABASE MANAGER KATERINA MAVROPHILOPOULOS**

2 Southerly Ct. #407, Towson, MD 21286 410.218.5191 Email: ekatmavro2@gmail.com

**COUNSELOR MARIA VARDAROS**

12 Forest Avenue, Lake Grove, NY 11755 Telephone: 917.613.0677 Email: mvardaros@gmail.com

**DISTRICT 1- Governor Chrissa Lefes, PO Box 788 Bedford, NY 10506**

Telephone: 914.582.9334 Email: chsjls@aol.com

**DISTRICT 2- Governor George Karnavas, 4427 Selhurst Road, North Olmstead, OH 44070**

Telephone: 440.391.8164 Email: gkarnavas88@gmail.com

**DISTRICT 3- Governor Steve Stratakis, 9305 85th Court, Hickory Hills, IL 60457**

Telephone: 708.430.6439 Email: generalequity@comcast.net

**DISTRICT 4- Governor Evangelos J. Fragos, 5312 Bellwood Court, Wilmington, NC 28412**

Telephone: 910.452.3452 Email: fragoseva@aol.com

**DISTRICT 5- Governor Athena Charnas Pugliese, 44 Broadway, Los Gatos, CA 95030**

Telephone: 408.395.2923 / 408.608.9351 Email: athenalou@gmail.com

**DISTRICT 6- Governor Nick Skaros, 5 Pauline Court, Lancaster, NY 14086**

Telephone: 716.681.4876 Email: skargia@aol.com

**DISTRICT 7- Youth Governor Erica Aivaliotis, 614 Armandale St. #5, Pittsburgh, PA 15212**

Telephone: 4412.736.0163 Email: ericanna17@gmail.com

**Web Manager - Dean S. Tripodes, Baywalk Marketing, P.O. Box 486 Sierra Madre CA 91025 800.927.8841 dean@baywalk.net**

***Ikaria Magazine* Editor - Mary A. Deschamps, PO Box 490, Dunedin, FL 34697 727.559.1212 IkariaMag@tampabay.rr.com**

**2016-2017 FOUNDATION OFFICERS**

**Chairman Dr. Nikitas Tripodes, 2041 Le Droit Dr., South Pasadena, CA 91030 626.799.4735 Ntripodes@aol.com**

**Vice Chairman PSP George G. Horiates, 600 E. Camden Ave., Moorestown, NJ 08057 856.665.2085 gghoriates@aol.com**

**Director PSP Ellene (Nina) Tratras Contis, 6763 Heatheridge Drive Saline, MI 48176 734.276.0787 etcontis@comcast.net**

**Director Paul Collaros 707 Schilling Dr., Dryer, IN 46311 219.864.9822 eagle\_paul@sbcglobal.net**

**Director PSP Dr. Stanton Tripodis, 3072 Woodson Lane, Clearwater, FL 33761 727.787.0045 sptripodis@gmail.com**

**Secretary, Christina Contes, P.O. Box 79037 Pittsburgh, PA 15216-0037 724.681.6727 christinacontes@gmail.com**

**Scholarship Chair James G. Lakerdas 5300 South Shore Drive, #100, Chicago, IL 60615 773.485.1088**

pib-scholarship@chadwicklakerdas.com

**Donations to the Pan-Icarian Brotherhood must be sent directly to the Foundation:  
Pan-Icarian Foundation P.O. Box 79037 Pittsburgh, PA 15216-0037**

PAN-ICARIAN BROTHERHOOD OF AMERICA "ICAROS"  
Headquarters of the Supreme Lodge  
SUPREME PRESIDENT'S MESSAGE  
Summer2017



Dear Brothers and Sisters,

I hope you all are enjoying your summer here or in Ikaria. I want to make sure I provide you with some recent updates/reminders.

*Passing of Brother Nikitas Tripodes*

It is with deep sorrow that I write to you about the passing of our beloved Brother and Foundation Chairman, Nikitas Tripodes, who passed away on June 4, 2017.

Nikita was incredibly active in the Pan-Icarian Brotherhood where he was a lifelong member, an active officer of his local chapter and a delegate to many of the annual conventions. He eventually became a board member of the Pan-Icarian Foundation and was elected Foundation Chairman in 2014.

Nikita was a kind man, a great Brother and was beloved by all. May his memory be eternal and everlasting.

*Toronto Supreme Lodge Meeting*

The Supreme Lodge traveled to Toronto, Canada on May 20, 2017 for its Spring Supreme Lodge meeting, which was hosted by the Nisos Ikaria chapter. A big thank you to President Renos Manolis and other chapter members for their warm hospitality. The Supreme Lodge had the opportunity to meet with members of the chapter over lunch, which was followed by our meeting. That same night, the chapter hosted their annual dance with special guest Nikos Facaros from Ikaria playing the violin. I was very impressed with the turnout of the dance. Both young and old danced the night away together. Although we may not get to see our Canadian Brothers and Sisters often because of the distance, it was clear to us that the Toronto chapter is a vibrant chapter and in good hands.

*Athletic Group of Mesaria*

Thank you to everyone who donated to our fundraising drive for the Athletic Group of Mesaria / Αθλητικός Όμιλος Μεσαριάς. I am happy to announce that we donated \$3,000 Euros to help the club continue their mission of providing athletic opportunities for the youth living in Ikaria. Our fundraising drive was successful thanks to generosity of several chapters and individuals!

*Columbus Convention*

Have you made your convention plans yet? If not, what are you waiting for? This year, the Brotherhood's annual Convention will be held in Columbus, Ohio from Friday, September 1 – 4, 2017. It is sure to be a memorable weekend!

The Akron and Columbus chapters are eager to show you an unforgettable weekend in their state capital. Icarians will take over the Hyatt Regency Downtown Columbus, a great hotel in an exceptional location. You'll experience everything Columbus has to offer, all within minutes of the hotel. Please use their website [www.pan-icarian2017.com](http://www.pan-icarian2017.com) for room reservations (\$129 +tax/night), weekend events, purchasing tickets, travel information, and more! Reservations can also be made by calling the hotel at 614-463-1234 (be sure to ask for the Pan-Icarian Brotherhood block).

Both chapters have been working very hard the past two years to prepare for our long-awaited return to Columbus (more than 40 years). We hope you support the chapters, and our Brotherhood, by attending the Convention and the Grand Banquet and purchasing an ad in the Convention album.

*Membership*

Please submit your dues to your local chapter. I cannot emphasize enough how important your dues are to the contin-



## **Pan Icarian Brotherhood of America “Icaros”**

Summer 2017 SUPREME PRESIDENT’S MESSAGE (CONTINUED)

ued success of our Brotherhood. As a reminder, rather than submit paper receipts with your per capita checks (\$20 per member), we are asking each chapter to email its membership info to Supreme Treasurer, Katerina Mavrophilipos (her email is [ekatmavro2@gmail.com](mailto:ekatmavro2@gmail.com)) in an Excel file. Please include emails in the spreadsheet!

For those mailing checks and paper receipts please mail them to: Katerina Mavrophilipos, 2 Southerly Ct., Unit 407, Towson, MD 21286

### *Stay in Touch*

Please continue to visit us our website - [Pan-Icarian.com](http://Pan-Icarian.com) for news and current events. Members at large can easily pay their dues or donate to our many philanthropic causes. Also remember to Like Us on Facebook at [www.facebook.com/PanIcarian](http://www.facebook.com/PanIcarian) and Follow Us on Twitter at [twitter.com/PanIcarian](http://twitter.com/PanIcarian) or [instagram.com/panicarian](http://instagram.com/panicarian).

### *Ikaria Magazine*

As a reminder, Ikaria Magazine also offers sponsorship ad opportunities. More than 1,600 copies are mailed to households and many others read the online edition. Your sponsorship is tax deductible. For more information please contact [Ikariamag@tampabay.rr.com](mailto:Ikariamag@tampabay.rr.com).

### *Pan-Icarian Volunteer Project*

A big thank you to everyone, especially Youth Governor Erica Aivaliotis and our Youth who participated in our first Pan-Icarian volunteer campaign in the month of June. Together we helped make a big difference to individuals and the communities we live in. The spirit of the Brotherhood continues to shine high and bright!

### *PIB Internship and Mentoring Program Coming Soon!*

Great News! The Pan-Icarian Brotherhood of America is working on creating an Internship and Mentoring Program to serve as a career development resource for its members. Though in the early stages of design, the goal of this program is to identify and compile a portfolio of businesses, entrepreneurs, professionals, and skilled tradesmen/tradeswomen willing to enhance the knowledge and skill sets of our members pursuing careers in their similar field.

Through this program, a business, individual, or organization can advertise internships or employment opportunities. The Brotherhood aims to bring our members together to facilitate dialogue and establish partnerships through networking, career development and mentoring.

The Pan-Icarian Brotherhood is fortunate to have a vast number of accomplished men and women with invaluable knowledge and expertise. For many years, the members of the Brotherhood have supported each other through our faith, culture, and traditions. This new initiative allows us to now support each other further by enhancing professional opportunities and career development. More details to follow at the upcoming convention.

### *Convention Bids*

Please consider submitting a convention bid! The number of bids brought to the convention floor are declining. Coming out of hosting a convention, I am fully aware of the amount of time and effort that goes into planning a convention. They require, like any labor of love, planning and effort. If you need any help or guidance with getting a bid in order, please do not hesitate to contact me. I am here to help.

Until next time...

Fraternally yours,  
George Paralemos  
Supreme President



## IN MEMORY OF



Nikitas "Nick" Tripodes, 61, passed away peacefully on June 4, 2017, at his home in South Pasadena surrounded by his family.

Nick was born in Alhambra on January 13, 1956 to Jack and Mary Tripodes, both Greek immigrants who had moved to California after starting their family in Cleveland. By far the youngest of his siblings and cousins, Nick was deeply loved by his extended family. The adoration was mutual and Nick developed a lifelong commitment to his family as well as to the larger Greek-American community. He was active in numerous organizations, including Saint Anthony Greek Orthodox Church, AHEPA, the Greek Heritage Society of Southern California, and the Pan-Icarian Brotherhood, a fraternal organization of Greeks from his ancestral island of Icaria.

Nick lived his whole life in South Pasadena and he had fond childhood memories of attending Saturday matinees at the Rialto, graduating from South Pasadena High School, and working during summers at Gus's BBQ, the family's business.

He graduated from the University of Southern California with a bachelor's degree in anthropology and he later attended the university's School of Dentistry. Nick established his dental practice in Pasadena where he took great pride in the care he provided to his patients throughout his 36-year-long career. He will be remembered by his patients, many of whom became lifelong friends, for his sense of humor, positive attitude, and gentle technique.

Nick met his wife, Dena, while both were serving on the parish board of Saint Anthony Greek Orthodox Church in Pasadena. Nick and Dena were married in 1987. They purchased their home in South Pasadena adjacent to Nick's childhood home where his parents continued to live.

Nick was incredibly active in the Pan-Icarian Brotherhood where he was a lifelong member, an active officer of his local chapter, and a delegate to many of the annual conventions. He eventually became a board member of the Brotherhood's charitable organization, the Pan-Icarian Foundation, and was elected Foundation Chairman in 2014.

Nick was a deeply devoted father and cherished the time he spent with his family. He especially loved spending long weekends and vacations in Santa Barbara, which he considered his second home. He cultivated an appreciation for locally-sourced food and was a staple of Saturday farmers' markets in both Santa Barbara and Pasadena.

Nick is survived by his bride of almost 30 years, Dena; his children Zacharias, Marika, and Georgia; his sister Virginia Lappas and her family; his brother Peter; and many aunts, cousins, nieces, and nephews.

Donations in memory of Nick can be made to any of the following: Saint Anthony Greek Orthodox Church Building Fund, the Pan-Icarian Foundation ([pan-icarian.com/foundation](http://pan-icarian.com/foundation)), the Greek Heritage Society of Southern California ([greekheritagesociety.org](http://greekheritagesociety.org)), or City of Hope ([cityofhope.org](http://cityofhope.org)).



Pan-Icarian Brotherhood of America "Icaros"  
**PAN-ICARIAN FOUNDATION OF AMERICA**

***Foundation Donations received between 2/20/2017-6/12/2017***

**Bettina Katsaros Medical Fund**

Hollister, Carl & Cynthia	100.00
Horiates, Dimitrios & Nancy	100.00
Lardas, Nick & Zoe	100.00
Pandeladis, Georgia	200.00
	<b>\$500.00</b>

**General Fund**

Androutsopoulos, Bill & Nicole	In Memory of Steve Sakoutis	40.00
Chapter Atheras No. 12	In Memory of Pantelis Bratsis	150.00
Chapter Daedalos 4	In Memory of George G. Karnavas	25.00
Chapter Daedalos 4	In Memory of Maureen Charnas	50.00
Chapter Daedalos 4	In Memory of Eleftheria F. Mitchell	50.00
Chapter Helios 19		500.00
Hatzinakis, Nikolas & Irini	In Memory of Pantelis Bratsis	100.00
Horiates, Sofia	In Memory of Pantelis Bratsis	25.00
King, Curtiss & Koula	In Memory of Eleftheria F. Mitchell	40.00
Scaros, Kiki	In Memory of Pantelis Bratsis	100.00
Tripodis, Chris & Kathryn	In Memory of Marinos Tripodis	5,000.00
		<b>\$6,080.00</b>

**George Spanos & Areti #9 Scholarship Fund**

Pan-Icarian Brotherhood of America	200.00
Papalas, Stephen	200.00
Siringas, Nickolaos & Athina	100.00
Stefanidis, Sonja	100.00
	<b>\$600.00</b>

**Ikaria Magazine Fund**

Colorgraphx Inc.	150.00
	<b>\$150.00</b>

**Nicko Pandeladis Scholarship Fund**

Daugherty, Denise	In Memory of Nicko Pandeladis	40.00
Facaros, John & Sophia	In Memory of Nicko Pandeladis	50.00
Horiates, George & Lisa	In Memory of Nicko Pandeladis	100.00
Horiates, Stavroula	In Memory of Nicko Pandeladis	100.00
Karras, John	In Memory of Nicko Pandeladis	50.00
Marko, Thomas & Rebecca	In Memory of Nicko Pandeladis	50.00
Mavrodis, Katerina	In Memory of Nicko Pandeladis	50.00
Panagis, Sophia	In Memory of Nicko Pandeladis	50.00
Graziano, Sylvia and Family	In Memory of Nicko Pandeladis	60.00
Stefankos, Dr. Thomas & Juva	In Memory of Nicko Pandeladis	50.00
		<b>\$600.00</b>

**GRAND TOTAL      \$8,030.00**

Pan-Icarian Brotherhood of America "Icaros"

*Supreme Lodge Meeting  
and  
2nd Annual Ikariotiko Panigiri  
Hosted by Chapter 21  
Nisos Ikaria  
Toronto, Ontario, Canada*





## ICAROS UNBOUND

by Michael Contes

When my good friend and magazine publisher, Tom Costello, asked if I might want to contribute an article for his magazine, provided it was interesting, I jumped at the opportunity because I love to write. However, the interesting part was a sticking point since my favorite subjects, politics and dentistry, do not often leave my audiences enthralled. I am not a great storyteller, but this true life experience of mine has been requested and retold so many times that it must simply be a good story, (besides I've had more than forty years to hone it).

My father, William Contes, ( Vasili Kontogiannis of Kountouma), left Ikaria at the age of six, and his family settled in Pittsburgh, PA. He married Henrietta Vassilaros and together they raised three sons, myself and my two brothers, John and Philip.

My story begins in 1972 when our dear father, a hard-working pharmacist who loved his family dearly, provided the means to send my brother John and I, unsupervised, back to his birthplace. Both in our early 20s, we explored Ikaria with many of our friends who had also made the trip for the annual Pan-Icarian Convention, which for the first time was taking place on the island..

One morning a group of us organized a boat (venzina) trip to the remote and beautiful beach of St. George (Agios Giorgis). About 30 of us packed food and wine and slowly chugged our way to this idyllic beach, whereupon I immediately led a group of us around the rocks to spearfish for octopus. When my friends swam back to the beach, I continued on, thinking that by swimming around the rocks I would find another way to access the beach. No such luck, as I could find no egress. The further I swam to find a beach where I could return to our group by land, the more that swimming back seemed out of the question, as surely there had to be a beach right around the bend.



1972 Parea (left to right) Mike Contes,  
Nick Lardas, Emmanuel Lardas,  
Connie Lardas, Stasi Nikolaidis

Soon I was swimming past cliffs, and as I circumnavigated one rock, I found myself on the windward side of the island fighting waves where I could see no escape from the sea in the inlets. As I swam in the deep water I could see a hundred feet in each direction, including down. I then remembered the admonition of the merchant who sold me my spear gun to, "watch out for sharks," which all of the sudden became a distinct possibility and led me to hum into my snorkel.



After three hours of continuous swimming, I finally came upon a seaside village, Agios Kyriaki. It almost seemed like a mirage to me as though I was in a Salvador Dalí painting. Although it was deserted, I hallucinated that I saw cows and nuns. As I clumsily made my way around the whitewashed one-story buildings in my fins and snorkel, a stocky, white-bearded gentleman with a cap and a pipe, resembling Ernest Hemingway, came around the corner and, quite astonished to see me, asked in Greek where I came from, ("Apo pou irthes?") In my broken Greek, I replied, "From America, (Ap tin Ameriki!)"

After seeing the puzzled look on his face, I corrected myself, explaining our ill-fated picnic at St. George's beach.



Pan Icarian Brotherhood of America "Icaros"  
**ICARIAN SPOTLIGHT**



I asked if he could show me the way to Faros, the village where the boat was to pick us up, since my friends most likely thought me dead, but he insisted on getting me something to eat first. I went back to his house and sat with him in his beautiful courtyard, while his wife brought us cheese, grapes, warm bread and a cold beer (a real rarity throughout our entire trip). He then gave me a pair of sandals and started me out on the path to Faros. His name was Nicholas, which suddenly occurred to me is the patron saint of sailors. I will never forget Nikolao Horiatis' kindness and generosity.

[At left: Jim Lakerdas on Mike Contes' shoulders, 1972]

I arrived at Faros to find only one of our companions there, (Louis Andriotis of New York). Since he was not surprised to see me, I began to assume that no one had missed me. Actually, he had left shortly after me in order to find water, since we only remembered the wine. Close to sunset, however, our *venzina* chugged around the corner and the whole boat let out a whoop when they saw I was still alive. On our trip back they related to me how upset they

all were; somehow they managed to call out the coastguard and one of the girls, (Andrea Pamphilis of Atlanta), placed my sandals at the water's edge to commemorate what she believed were my last steps. By the time we returned to the main village, the whole island had assumed I had drowned, but quickly realized the rumors of my demise had been greatly exaggerated.

At our annual conventions, invariably someone asks me to recount this story, usually citing the time that I "swam around the island." In 2013, my wife, Judi, four of my five daughters and their boyfriends/husbands made the trip back to the island of my roots. On one of our adventures, we rented a boat, swam in the waters of St. George's Beach, and retraced my fateful swim - this time by boat. We all had an unforgettable two weeks enjoying the island, but my girls tell me that our trip to St. George's beach was the highlight.



My wife once boasted that she was FBI, "Full blooded Italian."  
To her bewilderment, I said, "I'm FBI, too...Full blooded Icarian." We both laughed

Michael Contes (Emanouil Kontogiannis)

**5 STEPS TO LONGEVITY**  
**The Ikarian Way**  
**2-DAY EXPERIENTIAL CONFERENCE**  
*August 28-29, 2017*  
*Christos-Raches, Ikaria*



Association of Rachioton of Athens  
“Raches”



Pan-Icarian Brotherhood of Athens  
Greek Tourist Organization



The 2-DAY EXPERIENTIAL CONFERENCE ON LONGEVITY is the first of its kind that is being organized in Ikaria. The purpose of the conference is to spread the idea of a happy long life, enjoyed by the Ikarian people, and to focus on their way of living, that could be beneficial for people around the world. Thus, the organizers believe that Ikaria can attract people from abroad that will discover a land of tranquility, spirituality and joy. This process will bring benefits to the Ikarian people and their economy.

Ikaria, due to its isolation, has been an arc of ancient Greek wisdom and old forms of living. Diet based on plants, mild movement in relation to nature, openness and togetherness in everyday life and in festivities seem to create a unique lifestyle. Most of all, their notorious relation to time is a way of valuing the present moment and never hurrying for the sake of “future”.

The conference introduces the participants to a 5-Step Program to Longevity: meditation, diet, mild movement (in the water), siesta, and connecting (through theatre) as formulated by Angeliki Douka and Kyriaki Spanou who have encoded the Ikarian way of living into a program that is based on the energy of water and the healing power of theatre.

The program also includes a round table of lectures and discussions with distinguished guests including:

Nikos Afianes (from the Afianes wineries) will speak about the soil of Ikaria and in which way it contributes to anti-oxidant qualities in the grapes.

Christodoulos Stefanadis (Cardiologist, Head of Medical School of Athens) will speak about the findings of the research, by the Medical School of Athens, on Ikarian longevity.

Diane Kochilas (Well-known Greek food expert and award-winning author) will speak on the subject of expertise: Ikarian diet

Iosif Stenos (Classicist) will talk about the history of the island and the ancient Greek elements that infuse modern Ikaria.

Kyriaki Spanou (theatre director- educator) will speak about the Ikarian concept of time.

Angeliki Douka (Physical education/ Aqua expert) will speak about the five places on the planet where people live the longest happy lives, and what they have in common.

## 5 STEPS TO LONGEVITY The Ikarian Way

### First Day

Meditation in the woods

Breakfast with macrobiotic herbs, Ikarian honey, Ikarian fruits and homemade bread.

Mild movement in the water (Aqua Yoga)

Lunch with macrobiotic food, in the way of Ancient Greek Symposium

Lecture and discussion about “Greek Symposium”

Visit and wine tasting at Afianes wineries

Connecting (the therapeutic power of theatre) at the little theatre of

Afianes Wineries

Dinner

### Second Day

Meditation in the woods

Breakfast with macrobiotic herbs, Ikarian honey, Ikarian fruits and homemade bread.

Visit to the archaeological site of Nas

Mild movement in the water (Ai-Chi in the sea)

Lunch at Nas Taverna

Round Table of Lectures at Ktima Spanos

Panygyri (Religious Feast)

*Ktima Spanos - Raches, Ikaria*



**For more info or questions please email [info@ikaria-longevity.com](mailto:info@ikaria-longevity.com)**

ANGELIKI DOUKA (Phd) is a Physical Education teacher who currently teaches swimming and water polo at the Aquatics Division of the Physical Education and Sports Science Department of the University of Athens. She holds a BS (1984), on Physical Education with a specialization of Aquatics, which was followed by a Master's Degree in Psychology of Motor Behavior at McGill University in Montreal, Canada (MA, 1990) and a PhD (2008), in Adapted Physical Education from the University of Athens. She was a lecturer at the Department of Sports Management of the University of the Peloponnese (Sparta) where she taught the courses “Management of Aquatic Competitive Events” and “Sea Sports”.



KYRIAKI SPANOU (MA) Theatre Director/Philosophy (BA) I come from Ikaria and I am an ardent advocate of the Ikarian life-style. Through my work as a successful theatre director, playwright and translator, I have pursued to enhance the connection between theatre and well-being. In my classes, I encourage building a group through trust, opening up, laugh and playful celebration of life. I have taught theatre techniques at the Drama Dept. of the Aristotle University for 17 years. I graduated from the School of Philosophy (University of Athens) and the Drama School “Veaki”. I also hold an MA on theatre directing from the Royal Holloway College (University of London). I have directed extensively freelance, for national theatres and for my own theatre group. Apart from University teaching, I have run many courses for amateurs, professionals and other groups of people that are interested in self exploration through the medium of theatre. I combine theatre work with a philosophical perspective on wellbeing.





### Sample size of a Quarter-Page

- 1 Issue - \$150
- 2 Issues - \$250
- 3 Issues - \$300

The Pan-Icarian Brotherhood is a not for profit organization of Greek Americans who are descendants of the island of Icaria and Fournoi. The Pan-Icarian Brotherhood is the oldest Hellenic organization in North America founded in 1903.

The Brotherhood's mission is to unite and cultivate closer relationships among all Icarian and Fournians and to render charitable aid and assistance in the education, civilization and spiritual needs of all peoples of human society, regardless of creed, race and religion.

In 1965 a tax exempt "Pan-Icarian Foundation" was established to administer the philanthropic endeavors of the Pan-Icarian Brotherhood. Since its inception the Foundation has distributed hundreds of thousands of dollars for medical aid, scholarships, disaster relief, and other charitable causes in North America and Greece.

### SPONSOR *IKARIA* MAGAZINE!

Published three times a year, *Icaria Magazine* is a comprehensive publication read by informed and involved members and Greek community leaders. It covers chapter news, cultural events, foundation business, and highlights Icarians from around the world who go on adventures and internships, serve their nation or community, practice a sport or hobby, visit unique or historic places, dance, play music, and simply live life. Over 1,600 copies are mailed to households and many others read the online edition.

*Icaria Magazine* is supported by the Pan-Icarian Foundation and the Supreme Lodge of the Pan-Icarian Brotherhood, both of which are non-profit organizations. A Sponsorship ad in *Icaria Magazine* will help your organization gain brand recognition and visibility within the Greek Community at home and abroad.

Choose from two sizes; half-page or quarter-page. Ads may include seasonal greetings, a logo, tagline, photo, and/or a general reference or branding representing an organization, and family tributes. No sales of specific products or services, please.

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### Sample size of a Half-Page

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Check out an issue online by visiting: <http://www.pan-icarian.com/magazine/>

Contact: [Ikariamag@tampabay.rr.com](mailto:Ikariamag@tampabay.rr.com) or call 727-559-1212

All ads are subject to review and approval by the editor. The Pan-Icarian Brotherhood reserves the right to reject content or images that violate the organization's editorial guidelines and will not display any Sponsor logo, mark, banner, or other visual display, provided by or on behalf of Sponsor, that contains: a comparative or qualitative description of Sponsor's product or business; endorsements; price information or any other indications of savings or value about Sponsor's product or business; any message that otherwise endorses Sponsor's product or induces one to purchase or use Sponsor's product; or any message that causes Sponsor's payments to not be treated as "qualified sponsorship payments" as that term is defined in Section 513(i) of the Internal Revenue Code and related regulations.

File Requirements: JPEG, TIFF, EPS, or PDF files only. 72dpi screen resolution is preferred.  
All ads subject to approval. All artwork must be received by the editor's posted deadline.

## **Pan-Icarian Brotherhood Chapter Membership Best Practices**

Membership is the lifeblood of the Pan-Icarian Brotherhood. Fostering and promoting membership begins first and foremost at the local Chapter level. The Supreme Lodge has developed the following list of suggested “best practices” for Chapters to adopt in order to maintain and increase their membership:

- Make new members feel welcome by sending a welcome letter from the Chapter President and listing benefits of membership.
- Establish a schedule with regular meetings and events which is provided to all members.
- Call members prior to meetings and events and emphasize the importance of having members attend.
- Establish a Chapter Facebook page (and other social media presence, such as Twitter, if desired) and use it to communicate with members and increase awareness of the Chapter’s activities.
- Introduce and expand email communication as a quick way to distribute information and stay connected to members.
- Increase member communication to a minimum of 6 times per year.
- Send 1 to 3 membership renewal notices per year.
- Provide members with the opportunity to pay membership dues at every Chapter meeting and event.
- Provide for and accept credit card/debit payments for membership dues.
- Set deadlines for members to send in their membership dues to the Chapter treasurer.
- Recognize milestone years of membership (e.g., 5, 10, 20, etc. years of continual membership).
- Invite members to become involved in specific projects with a clear end date, to accommodate those interested in participating but with limited available time.
- Consider co-hosting an event with another Chapter in the region.
- Encourage all members to attend the annual Convention and Grand Banquet.
- Develop events of interest to younger generations.
  - This includes hosting events aimed at young adults, as well as events aimed at families with small children.
- Invite younger members to become Chapter officers or join a committee.
- Encourage members ages 18-35 to attend the Brotherhood’s annual Youth Conference.
  - Pay for additional youth members to attend the Youth Conference beyond what is currently covered by the Supreme Lodge.
  - Pay for additional expenses (e.g., airfare) for youth members to attend the Youth Conference beyond what is currently covered by the Supreme Lodge.

Developed by the 2014-2015 Supreme Lodge.

## 2016-2017 SUPREME LODGE OFFICERS

**George Paralemos - President**  
51 Meadow Lane  
Roslyn Heights, NY 11577  
Cell: 718-781-1491  
Email: icaros@aol.com

**Damianos T. Skaros - Vice President**  
60 Glendale Terrace  
Orchard Park, NY 14127  
Cell: 716-983-2024  
Email: dtskaros@gmail.com

**Cathy Pandeladis - Secretary**  
42 Timberline Court Pittsburgh, PA 15217  
Cell: 412-418-6954  
Email: cpandeladis@yahoo.com

**Katerina Mavrophilips - Treasurer**  
2 Southerly Ct. Unit 407  
Towson, MD 21286  
Tel: 410-218-5191  
Email: ekatmavro2@gmail.com

**Maria Vardaros - Counselor**  
12 Forest Avenue  
Lake Grove, NY 11755  
Tel: 917-613-0677  
Email: mvardaros@gmail.com

### GOVERNORS

**Chrissa Lefes - District 1 Gov.**  
P.O. Box 788 Bedford, NY 10506  
Tel: 914-582-9334  
Email: chsjs@aol.com

**George Karnavas - District 2 Gov.**  
4427 Selhurst Road  
North Olmsted, OH 44070  
Tel: 440-391-8164  
Email: gkarnavas88@gmail.com

**Steve Stratakis - District 3 Gov.**  
9305 S. 85th Court Hickory Hills, IL 60457  
Phone: 708-430-6439  
Email: generalequity@comcast.com

**Evangelos Frangos - District 4 Gov.**  
5312 Bellwood Court  
Wilmington, NC 28412  
Phone: 910-452-3452  
Email: fragoseva@aol.com

**Athena Charnas Pugliese - District 5 Gov.**  
44 Broadway, Los Gatos, CA 95030  
Tel: 408-395-2923 Cell: 408-608-9351  
Email: athenalou@gmail.com

**Nikolaos G. Skaros - District 6 Gov.**  
5 Pauline Court, Lancaster, NY 14086  
Phone: 716-681-4876  
Email: gnskaros26@gmail.com

**Erica Aivaliotis - Youth Gov.**  
614 Armandale St. Apt.5  
Pittsburgh, PA 15212  
Phone: 412-736-0163  
Email: ericanna17@gmail.com

### PAN-ICARIAN FOUNDATION OFFICERS

**PSP George G. Horiates - Chairman**  
7010 Kaighn Avenue @ US HWY 70  
Pennsauken, NJ 08109  
Phone: 856-665-2085  
Email: gghoriates@aol.com

**PSP Ellene (Nina) Tratras Contis - Vice Chairwoman**  
6763 Heatheridge Dr.  
Saline, MI 48176  
Tel: 734-276-0787  
Email: etcontis@comcast.net

**PSP Dr. Stanton Tripodes - Director Paul Collaros - Director**  
**Christina Contes - Foundation Secretary**

**James G. Lakerdas - Scholarship Chair**  
5300 South Shore Drive, Suite 100  
Chicago, IL 60615  
Tel: 773-485-1088  
Email: pib-scholarship@chadwicklakerdas.com

**Mary Deschamps - Editor IKARIA Magazine**



## Pan-Icarian Brotherhood of America "ICAROS"

### 2017 LIST OF ELECTED DELEGATES AND ALTERNATES

This is to certify that during a regular meeting of \_\_\_\_\_ Chapter No. \_\_\_\_ held on \_\_\_\_\_, 2017, the following members in good standing were elected Delegates to the Pan-Icarian Supreme Convention to be held in Columbus, Ohio from September 1 - 4, 2017.

Signed by \_\_\_\_\_ Chapter Pres. and \_\_\_\_\_ Chapter Secy.

### DELEGATES

Name	Street	City	State	Zip
1	_____	_____	_____	_____
2	_____	_____	_____	_____
3	_____	_____	_____	_____
4	_____	_____	_____	_____
5	_____	_____	_____	_____
6	_____	_____	_____	_____
7	_____	_____	_____	_____
8	_____	_____	_____	_____
9	_____	_____	_____	_____

### ALTERNATES

1	_____
2	_____
3	_____
4	_____

Please mail this Delegate Form by **August 1, 2017** to:

**Cathy Pandeladis, Treasurer**  
**42 Timberline Court, Pittsburgh, PA 15217**  
Email: cpandeladis@yahoo.com

Please mail PIB Per Capita (\$20 per member) by **August 1, 2017** to:

**Katerina Mavrophilips - Treasurer**  
**2 Southerly Ct. Unit 407**  
**Towson, MD 21286**  
Email: ekatmavro2@gmail.com

PIB Per Capita	No. of Convention
Membership Paid:	Delegates
8 - 25	2
26 - 35	3
36 - 50	4
51 - 75	5
76 - 100	6
101 - 150	7
151 - 200	8
201 - 250	9



**2016-2017 SUPREME LODGE OFFICERS**

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 Hickory Hills, IL 60457  
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 Pittsburgh, PA 15212  
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 Email: ericanna17@gmail.com

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 Email: plb-scholarship@chadwicklakerdas.com

**Mary Deschamps - Editor IKARIA Magazine**



## Pan-Icarian Brotherhood of America "ICAROS"

### 2017 CHAPTER OFFICERS FORM

Please submit this form to the Supreme Lodge by August 1, 2017. Thank you.

CHAPTER \_\_\_\_\_ CHAPTER No. \_\_\_\_\_  
 Date of Submission \_\_\_\_\_

Chapter PRESIDENT \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Tele: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Chapter VICE - PRESIDENT \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Tele: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Chapter SECRETARY \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Tele: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Chapter TREASURER \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Tele: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Please mail or Email Chapter Officers Form by August 1, 2017 to:

**Cathy Pandeladis - Supreme Secretary**  
**42 Timberline Court**  
**Pittsburgh, PA 15217**  
**Email: cpandeladis@yahoo.com**

### ***PIB Internship and Mentoring Program Coming Soon!***

Great News! The Pan-Icarian Brotherhood of America is working on creating an Internship and Mentoring Program to serve as a career development resource for its members. Though in the early stages of design, the goal of this program is to identify and compile a portfolio of businesses, entrepreneurs, professionals, and skilled tradesmen/tradeswomen willing to enhance the knowledge and skill sets of our members pursuing careers in their similar field.

Through this program, a business, individual, or organization can advertise internships or employment opportunities. The Brotherhood aims to bring our members together to facilitate dialogue and establish partnerships through networking, career development and mentoring.

The Pan-Icarian Brotherhood is fortunate to have a vast number of accomplished men and women with invaluable knowledge and expertise. For many years, the members of the Brotherhood have supported each other through our faith, culture, and traditions. This new initiative allows us to now support each other further by enhancing professional opportunities and career development.

More details to follow at the upcoming convention.

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### ***Share Your Stories With Us!***

Last year we asked members to share their individual stories with the Brotherhood. So far we have received numerous stories, but we know that there are thousands more incredible stories out there, just waiting to be shared. So please share your stories with us!!

Please send us quotes, vignettes and/or short anecdotes about your Ikarian relatives/friends (or yourself) which you believe in some way chronicle or reflect the Ikarian spirit and that you would like to share with your fellow Brothers and Sisters. For example, you could send us:

Quotes – that inspire, make us laugh, etc.

- Advice – on life, matters of the heart, etc.
- Memories – of Conventions, dances, picnics, family life, friendship, etc.
- Stories – of Ikarians fleeing war and economic hardship in Greece, of their immigrant lives here in the U.S./Canada, both the challenges and the triumphs, of returning to, or traveling to, Ikaria for the first time.

And those are just some of the possibilities. The quotes/stories can be inspiring, heartbreaking, funny or all three! There is no limit to how many quotes/vignettes/anecdotes you are allowed to submit, however, please limit each individual quote/story to a couple of sentences or one paragraph at the maximum.

The exact format of how these stories will eventually be shared with the members of the Brotherhood is a work in progress and will depend on how many stories we receive. We hope to one day compile these stories into some type of publication that touches, entertains and inspires our members, chronicles the Ikarian experience in the U.S./Canada, and provides people with a glimpse of some of the amazing personal/family histories of Ikarians in the U.S. and Canada. We also hope that this project will serve as inspiration for some of you to record your own individual family histories, if you haven't already done so, so that you can preserve those stories for future generations.

Please send submissions to Past Supreme President Terry Platis by email at [terryplatis@hotmail.com](mailto:terryplatis@hotmail.com) and don't forget to include your name and chapter.

Thank you for your help! We hope that all members will participate in this project!

Pan-Icarian Brotherhood of America "Icaros"  
**PAN-ICARIAN FOUNDATION OF AMERICA**  
**Scholarship Recipient Letter of Appreciation**

Pan-Icarian Foundation  
The Nicholas & Isabelle Wallace Scholarship

Dear Pan-Icarian Foundation,

I am writing to express my sincere gratitude to you for your generous \$1500 The Nicholas & Isabelle Wallace Scholarship, sponsored by Nicholas and Jenny Yiakas. I was thrilled to learn of my selection for this honor and I am deeply appreciative of your support.

I am a Physicist and I am currently majoring in a postgraduate program which is specialized in Microelectronics and Nanotechnology at the National & Kapodistrian University of Athens. At the moment I am doing my Thesis with hopes to finish by the summer and find a job in this field or get involved in a PhD program. Thanks to you, I am one step closer to achieve my goals.

Your generosity and support, especially in this period of financial and social Greek crisis, is all about respect. I hope one day I will be able to help students achieve their goals just as you have helped me.

Sincerely,  
Dimitra Kapetanou  
Agios Kirikos Ikaria, Greece

---

Dear Chairman Dr. Nikitas Tripodes and Esteemed Members of the Pan-Icarian Foundation,  
Dear Mr and Mrs Nicholas and Jenny Yiakas,

I would like to express my deepest appreciation and sincere gratitude for awarding me the Nicholas and Isabelle Wallace Scholarship. This award comes as a great honour and much appreciated acknowledgement of my efforts in the study of Information Technology Law.

I firmly believe that young students of our community have great talent and determination and your support offers not only significant financial assistance but also valuable encouragement to thrive and excel.

Thank you for your generosity and I will continue to do my absolute best in the course of my future professional career.

Sincerely,  
Elissavet Stratoudaki

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Dear Tripodes Family,

I was very happy and honored to learn that I was the recipient of the Louis & Jenny Tripodes Memorial Scholarship, from the Pan-Icarian Foundation. I am writing to thank you for your generous, financial support towards my education. I am in the engineering program at UNC-Charlotte and plan to major with an emphasis in Motorsports.

I am very proud of my Greek heritage and our Pan-Icarian extended family that I have here in North Carolina. By awarding me this scholarship, I am able to concentrate on what is important to me, education. Your financial generosity has inspired me to help others by giving back to the community. I hope one day I will be able to help others achieve their goal as you have helped me.

Sincerely,  
William Douglas Brown "Vasili"



Pan-Icarian Brotherhood of America "Icaros"  
**PAN-ICARIAN FOUNDATION OF AMERICA**  
**Scholarship Recipient Letter of Appreciation**

Dear Dr. Tripodes,

I am honored to be one of the recipients of one the Scholarships for students in Greece from the Pan-Icarian Foundation.

Growing up in a less privileged community has not only offered financial and academic challenges, but has also helped me realize the value of a college education.

I am at the end of my Master's degree at the National Technical University of Athens in the vocation of marine technology. My plans at this stage is to complete my thesis about 'A Critical Assessment of Human Element Regarding Maritime Safety'. The University offers one of the finest programs in the country and I consider myself fortunate to be able to attend it.

Once again, thank you for the vote of confidence and the scholarship. I am committed to my education into the Marine field, and one step closer to becoming a member of the Marine Society, thanks to your continued generosity and the Scholarship.

Sincerely,  
Georgios Xenakis

---

Καλησπέρα σας.

Ονομάζομαι Μαρία Νιαπά και θα ήθελα να σας ευχαριστήσω μέσα από την καρδιά μου για τα χρήματα που μου δώσατε!

Για εμένα ήταν πολύ σημαντικά μιας και φέτος τελειώνω τις σπουδές μου στην Ιστορία-Αρχαιολογία και προσπαθώ να μαζέψω χρήματα προκειμένου να κανω το μεταπτυχιακό μου πάνω στην αρχαιολογία. Ήταν πολύ σημαντική η βοήθεια σας!!! Και πάλι σας ευχαριστώ που με βοηθήσατε και με φέρατε λίγο πιο κοντά στο να πραγματοποιήσω το όνειρο μου.

Να είστε πάντα καλά!

Maria Niapa

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Dear Pan Icarian Foundation,

This summer I had the opportunity to travel to Ikaria. I went when I was very young, but did not remember much. I was basically experiencing everything the island had to offer for the very first time. As soon as you get off the very small jet, you get a sense of home. The ocean captivates you, the mountains intrigue you and the smell of the air makes you feel free. I am sure many of you have experienced the same feeling. My family and I stayed in my Papou's old home, and it gave me a sense of pride that something so valuable was being passed down to me. My Papou, like many of you, came to America for more opportunities. Ever since I can remember, he never passed up a chance to go back to Greece, to his real home. I am so honored to be given a scholarship where hard work, dedication and family are the most important things. I will continue to further my education, with the help of The Pan Icarian Foundation and always remember where I have come from.

Constance Pedos- Diclemente



V.I. Chebithes Chapter #2 of Akron, Ohio  
and  
Christ E. Aivaliotis Chapter #17 of Columbus, Ohio

jointly invite all Ikarians and their friends to the  
114th National Pan-Icarian Brotherhood Convention.

It is being held at the beautiful Hyatt Regency in downtown Columbus, Ohio.

We have lots to see and lots to experience in Columbus,  
like the world famous Columbus Zoo and the newly redesigned Art Museum.  
Other points of interest are the Nationwide Arena  
which houses the Columbus Blue Jackets,  
the Columbus Clippers Baseball Stadium, and the famous Ohio State University.



Within walking distance of the Hyatt is the Short North Arts District,  
famous for its restaurants, entertainment and art galleries.

For more information visit [www.pan-icarian2017.com](http://www.pan-icarian2017.com)



**CHRIST E AIVALIOTIS CHAPTER  
ANNUAL GOLF OUTING**

Friday, September 1, 2017

2:00pm

Safari Golf Club

4850 W. Powell Road, Powell, Ohio 43065

- Shotgun Scramble
- \$100 per person
- Golf, Cart, Dinner, Drinks, and Prizes Included
- Shuttle provided from Hyatt Regency Downtown Columbus
- Sign up by August 20th
- Sponsor a Hole!! Contact Mike Moraitis

**Send entry form & check payment to:**

Mike Moraitis

Riverwatch Lane

Columbus, OH 43221

**Checks payable to: Christ Aivaliotis Chapter**

**Online payment: [www.pan-icarian2017.com](http://www.pan-icarian2017.com)**

More Information: (614) 529-8738 / (614) 778-8627

or email: [marino3786@hotmail.com](mailto:marino3786@hotmail.com)

**Foursome Sign Up:**

Name/phone/email \_\_\_\_\_

Name/phone/email \_\_\_\_\_

Name/phone/email \_\_\_\_\_

Name/phone/email \_\_\_\_\_

***You may copy this form to submit your entry and payment***

ΠΑΝΙΚΑΡΙΑΚΗ ΑΔΕΛΦΟΤΗΤΑ ΑΜΕΡΙΚΗΣ «Ο ΙΚΑΡΟΣ»  
(Ο διαχρονικός Προστάτης και Ευεργέτης της Ικαρίας)

Του Γιάννη Μουλά

Σε άρθρα μου κατά καιρούς, για διάφορα θέματα της Ικαρίας, έχω αναφερθεί πολλές φορές στη Πανικαριακή Αδελφότητα Αμερικής, εξαίροντας σε κάθε ευκαιρία το ενδιαφέρον της και τη βοήθειά της στην ιδιαίτερη πατρίδα μας, της οποίας, για έναν αιώνα περίπου αποτελεί τον διαχρονικό προστάτη και ευεργέτη της, όπως και στον υπότιτλο του άρθρου μου τονίζω.

Σημείωση: «Πριν από την Πανικαριακή Αδελφότητα Αμερικής «Ο ΙΚΑΡΟΣ», υπήρχε η Ικαριακή Αδελφότητα Αμερικής, που είχε ιδρυθεί στο Πίτσμπουργκ της Πενσυλβάνιας, ανεπίσημα μεν το 1903 και επίσημα το 1905. Οι Καριώτες της Αμερικής και ιδιαίτερα οι παλιές γενιές, έχουν μεγάλη ευαισθησία στις ημερομηνίες αυτές ίδρυσης της Ικαριακής Αδελφότητας Αμερικής, την οποία θεωρούν ως τη μήτρα που γέννησε τη Πανικαριακή Αδελφότητα Αμερικής και την τιμούν και την αναφέρουν με μεγάλο σεβασμό, καθώς και τους πρωτοπόρους εκείνους Καριώτες του Πίτσμπουργκ, που τόσο πρώιμα ίδρυσαν την Αδελφότητά τους.

Λέγεται στους ελληνικούς κύκλους, ότι ήταν το πρώτο Ελληνικό Σωματείο στις ΗΠΑ. Δε μπόρεσα να το επιβεβαιώσω. Το πιστεύω όμως, γιατί οι Καριώτες, όπως επανειλημμένα στη μακραίωνη ιστορία τους έχουν αποδείξει, αγαπούν με ιδιαίτερη ευαισθησία τις ομαδικές πράξεις. Υπάρχουν δε πολλά τέτοια περιστατικά και κατά τη διάρκεια της Τουρκοκρατίας, με κορυφαίο και ολοζώντανο πάντα στις καρδιές των Ικαρίων, μέχρι και σήμερα, το περιστατικό του «Ούλοι εμείς Αφέντη», που συνέβη στα τέλη του 16ου αιώνα μ.Χ., στον Άγιο Κήρυκο, όπου ο Ικαριακός λαός, συγκεντρωμένος όλος εκεί με διαταγή του Τούρκου Αρχιναύαρχου του Αιγαίου, σύσσωμος, με μια ψυχή και μια φωνή, χωρίς ούτε μια λιποψυχία, αρνήθηκε να υπακούσει στις διαταγές του και τις φοβέρες του για θάνατο και νίκησε! Ίσως και να ήταν αυτή η πρώτη πράξη παλλαϊκής αντίστασης κατά των Τούρκων στην κατεχόμενη τότε Ελλάδα.

Ολ' αυτά τα γνώριζαν οι πρώτοι Καριώτες μετανάστες, και ιδιαίτερα οι πιο μεγάλοι, και ήταν πολύ φυσικό στις τρομερές δυσκολίες που αντιμετώπισαν, αγράμματοι οι περισσότεροι, χωρίς γνώση της γλώσσας και απροσπάτετοι στην απληστία και τη βαναυσότητα των εργοδοτών τους, να σκεφθούν να δράσουν από κοινού, ιδρύοντας το σωματείο τους, το σύλλογό τους, ώστε μέσα απ' αυτόν να μπορέσουν, εφαρμόζοντας τη δοκιμασμένη μέθοδο του «όλοι για τον ένα και ο ένας για όλους», να επιβιώσουν και ν' αντιμετωπίσουν τα πολλαπλά και απίστευτα δύσκολα προβλήματά τους.»

Η Πανικαριακή Αδελφότητα Αμερικής, «Ο ΙΚΑΡΟΣ», που είναι το θέμα μας, ιδρύθηκε στις 28 Οκτωβρίου 1934 στην πόλη Woungstone του Οχάϊο και από τότε ακμαία, δραστήρια και συνεχώς αυξανόμενη, λειτουργεί και δρα δημιουργικά μέχρι σήμερα.

Πριν προχωρήσω στην αναφορά και αξιολόγηση του τεράστιου μέχρι σήμερα έργου της, θεωρώ αναγκαίο να τονίσω ότι η ίδρυσή της, δεν ήταν ιδιοτροπία των Καριωτών της Αμερικής, αλλά ανάγκη, με την έννοια ότι οι Καριώτες μετανάστες είχαν πολλαπλασιασθεί πολύ γρήγορα και ήταν απλωμένοι σε όλες σχεδόν τις ΗΠΑ και το νέο τους Σωματείο έπρεπε να έχει Παναμερικανική εμβέλεια, να αλλάξει τρόπο οργάνωσης και δομή, να δημιουργήσει παραρτήματα σε όλες σχεδόν τις πόλεις των ΗΠΑ, ώστε να μπορεί να απλώνει τη δραστηριότητά της σ' ολόκληρες τις Ηνωμένες Πολιτείες.

Το σημερινό μου άρθρο, είναι αφιερωμένο εξ ολοκλήρου στην «Πανικαριακή Αδελφότητα Αμερικής», ο «ΙΚΑΡΟΣ», και σκοπός μου είναι ν' αναφερθώ στο όλο έργο της, υλικό και ηθικό, που είναι τόσο μεγάλο και τόσο αξιόλογο, ώστε από μόνο του είναι ένας ύμνος, για όσα αμέτρητα έχει κάνει για την Ικαρία και για κατοίκους της προσωπικά.

Πραγματικά, δεν ξέρω τι να πρωτοαναφέρω. Νιώθω δέος μπροστά στο μεγάλο αριθμό και τη σπουδαιότητα των όσων η Πανικαριακή Αδελφότητα Αμερικής έχει κάνει για την Ικαρία και τους Καριώτες στις πολλές δεκαετίες της ύπαρξής της. Παρακάτω, αναφέρομαι στα πιο μεγάλα και τα πιο ενδιαφέροντα:

1) Το Γυμνάσιο Αγίου Κηρύκου, αυτό το αρχιτεκτονικό αριστούργημα, που ακόμα και σήμερα εντυπωσιάζει όποιον το αντικρίσει, και στο οποίο, ακριβώς γιατί πρόκειται για αρχιτεκτονικό μνημείο, στεγάζεται σήμερα το σπουδαίο και πλούσιο Αρχαιολογικό Μουσείο Αγίου Κηρύκου, χωρίς ακόμη να έχουν ταξινομηθεί όλα τα αρχαιολογικά ευρήματα



που βρίσκονται στις αποθήκες του. Το κτίριο αυτό ολοκληρώθηκε, ως Γυμνάσιο Ικαρίας και λειτούργησε επί πολλές δεκαετίες, αποτέλεσε το λίκνο των Ικαριακών γραμμάτων και απάλλαξε τους Ικαρίους μαθητές από την περιπέτεια – όσοι τουλάχιστον είχαν την οικονομική δυνατότητα – να τρέχουν στη Σάμο, στη Χίο ή στην Αθήνα για να βγάλουν Γυμνάσιο, με τεράστια επιβάρυνση των γονιών, που οι περισσότεροι δεν μπορούσαν να ανταποκριθούν.

Ήταν τόση η δίψα των γονιών και των νέων της Ικαρίας για τα γράμματα, ώστε μετά την ίδρυση του Γυμνασίου αυτού, επί πολλά χρόνια κυκλοφορούσε στο νησί, και φαίνεται να ήταν αλήθεια, ότι η Ικαρία, αναλογικά, είχε το υψηλότερο ποσοστό επιστημόνων σε ολόκληρη την Ελλάδα.

2) Η σημαντική συμμετοχή της στα πρώτα κεφάλαια για την έναρξη κατασκευής του Λιμανιού του Ευδήλου, ένα έργο που κόστισε πολύ χρήμα και Ικαρίων και του Δημοσίου και παρ'όλο που κοντεύουν 100 χρόνια, ακόμα δεν έχει ολοκληρωθεί εντελώς.

3) Τα Δημοτικά σχολεία της Ικαρίας, τα οποία στη συντριπτική τους πλειοψηφία κτίστηκαν εξ ολοκλήρου με χρήματα των Ικαρίων της Αμερικής ή βοήθησαν να κτιστούν, έτσι που όλα τα χωριά της Ικαρίας και τα πιο μικρά να έχουν δικό τους Δημοτικό Σχολείο, ανεξάρτητα αν τα τελευταία χρόνια, με τις αλλαγές που έγιναν στην Παιδεία από τις διάφορες κυβερνήσεις και τα οξύτατα οικονομικά προβλήματα που αντιμετωπίζει η Ελλάδα, τα περισσότερα είναι κλειστά.

4) Οι Εκκλησίες της Ικαρίας -εκτός από τις πολύ παλιές- κτίστηκαν επίσης με την γενναία συμβολή των Ικαρίων της Αμερικής.

5) Το Νοσοκομείο Ικαρίας, που κτίστηκε και εξοπλίστηκε εξ ολοκλήρου με χρήματα και φροντίδα των Ικαρίων της Αμερικής και σώζει ζωές και γιατρεύονται ασθενείς 60 χρόνια τώρα, ενώ προηγουμένως, για το παραμικρό, έπρεπε οι Καριώτες να ταξιδεύουν στη Σάμο ή στην Αθήνα.

6) Το Γηροκομείο Ικαρίας, που 50 και πλέον χρόνια προσφέρει καταφύγιο, φροντίδα και αγάπη σε συμπατριώτες μας ηλικιωμένους, δυστυχημένους, μόνους και άμπωτους, που δεν έχουν στον ήλιο μοίρα, το οποίο Γηροκομείο και σήμερα ακόμη, έστω και σε κατάσταση υπολειτουργίας από υπαιτιότητα του Μητροπολίτη, σε μεγάλο βαθμό συντηρείται με χρήματα της Πανικαριακής Αδελφότητας Αμερικής.

7) Πολλές μέχρι σήμερα υποτροφίες σπουδών σε ικανούς και διακριθέντες, φτωχούς μαθητές της Ικαρίας.

8) Πολλοί κάτοικοι της Ικαρίας ή της Ικαριακής παροικίας Αθηνών, με βαρύτατες ασθένειες, έχουν ταξιδέψει κατά καιρούς στην Αμερική για λόγους υγείας και για αρρώστιες για τις οποίες δεν μπορούσαν να θεραπευτούν εδώ, με δαπάνη της «Πανικαριακής Αδελφότητας Αμερικής».

9) Η ίδρυση πριν 40 χρόνια περίπου, του Foundation, ιδρύματος που αποτελεί το καμάρι της «Πανικαριακής Αδελφότητας», με σοβαρά κεφάλαια σήμερα από συνδρομές και δωρεές των μελών της, σκοπός του οποίου είναι η συνδρομή και η βοήθεια σε κάθε Καριώτη που έχει ιατρική ανάγκη και αδυνατεί να την αντιμετωπίσει και η συμμετοχή του σε θέματα που αφορούν την ιδιαίτερη πατρίδα μας, την Ικαρία, ή Καριώτες που αντιμετωπίζουν προβλήματα σοβαρά και η επίλυσή τους απαιτεί οικονομικό κόστος που δεν μπορούν να καλύψουν με άλλο τρόπο.

10) Η ίδρυση, με παρότρυνση και έμπνευσή της, πριν 35 χρόνια, του Κουτσούλιου Ιδρύματος στον Ευδήλο, από τον Ευεργέτη Εμμαν. Κατσούλη, που εξυπηρέτησε και εξακολουθεί να εξυπηρετεί πολλαπλά τον Ευδήλο μέχρι σήμερα.

11) Δωρεές, μέσω του Foundation της Πανικαριακής ενός εκατομμυρίου δολαρίων περίπου προς το Γηροκομείο Ικαρίας, από τον εξαίρετο συμπατριώτη μας Γ. Σουρουμάνη, ο οποίος πρέπει να ανακηρυχτεί ευεργέτης του Γηροκομείου

Αυτά και ίσως και άλλα που δεν γνωρίζω, είναι τα μεγάλα έργα που από την Πανικαριακή Αδελφότητα Αμερικής, ή μέλη της, με την δική της όμως πάντοτε έμπνευση και προτροπή, έχουν πραγματοποιηθεί στην Ικαρία, διαχρονικά, όποιο και αν ήταν κάθε φορά το Διοικητικό της Συμβούλιο.

Κλείνοντας το άρθρο μου, θέλω να εκφράσω προσωπικά, αλλά και εκ μέρους όλων των Ικαρίων πιστεύω, ιδιαίτερα των πιο μεγάλων ηλικιών, ένα απέραντο ευχαριστώ και την πιο βαθιά ευγνωμοσύνη, για όσα η Πανικαριακή Αδελφότητα Αμερικής έχει προσφέρει στην ιδιαίτερη Πατρίδα μας και σε Καριώτες προσωπικά μέχρι σήμερα, και ας είναι τα λόγια μου αυτά ένα μικρό μπουκέτο αγριολούλουδα της Ικαριακής γης, στο τάφο και ένα φτωχό μνημόσυνο για όσους, μέλη των Διοικητικών Συμβουλίων της ή απλά μέλη της, έχουν πεθάνει και τους διαβεβαιώ ότι η ευγνωμοσύνη των Ικαρίων της ιδιαίτερης πατρίδας μας θα τους συνοδεύει παντοτεινά. Αιώνια τους η μνήμη.

“Ούλοι εμείς Αφέντη”  
του Γιάννη Μουλά

Τέλη του 16ου αιώνα μ.Χ. Οι στιβαροί νέοι που έχουν οριστεί να περιφέρουν στους ώμους τους, στα διάφορα χωριά της Ικαρίας, μέσα από κακοτράχαλα βουνά και δύσβατους κατσικόδρομους, το φορείο με τον Τούρκο Διοικητή, όπως το είχε επιβάλει ο βάρβαρος, έχουν πάρει πια την απόφασή τους. Ο τύραννος πρέπει να πεθάνει! Συμφώνησαν να τον πετάξουν στο Κακό Καταβασίδι, το τρομερό βάραθρο της Φάρδης. Ορισαν και το σύνθημα, «συγκούνουδο τ' αρνί» και ποιος απ' όλους θα το πεί την ώρα που πρέπει. Ξεκίνησαν από τον Αγιο Κήρυκο προς τη Φάρδη και μόλις έφτασαν στο χείλος του βάραθρου, μια βροντερή φωνή «συγκούνουδο τ' αρνί» έσκισε τον αέρα. Κι αμέσως το φορείο με το Διοικητή βρέθηκε στο κενό, στο χάος, εκεί που δεν υπήρχε γυρισμός. Η είδηση εξόντωσης του Διοικητή, έφτασε κάποτε στην Κωνσταντινούπολη. Το Διβάνι διατάσσει αμέσως τον Αρχιναύαρχο του Αιγαίου να πλεύσει στην Ικαρία, να ερευνήσει και να μάθει ποιοι σκότωσαν το Διοικητή και να τους τιμωρήσει με θάνατο.

Ο Αρχιναύαρχος, όσο πιο γρήγορα μπορούσε, έφτασε στην Ικαρία κι έβγαλε επείγουσα διαταγή, όλοι οι κάτοικοι του νησιού να συγκεντρωθούν στον Αγιο Κήρυκο. Την επόμενη κιόλας, ήταν όλοι εκεί, κι ο Αρχιναύαρχος από ψηλά, με τραχιά φωνή, κατακόκκινος από θυμό για το θράσος των γκιαούρηδων, ρωτά το συγκεντρωμένο πλήθος, απειλώντας τους με θάνατο, να του πούν ποιος σκότωσε το Διοικητή. Ακρα σιωπή. Ανησυχία ζωγραφισμένη στα πρόσωπα των συγκεντρωμένων. Τα βλέμματά τους διασταυρώνονται, προσπαθώντας να συννενοηθούν σιωπηρά. Και ξαφνικά, μια μυριόστομη φωνή, ήρεμη, χωρίς πρόκληση, αλλ' αποφασιστική, ακούγεται απ' όλο αυτό το ανθρωπομάνι, «Ούλοι εμείς Αφέντη». Ούτε μια λιποψυχία, ούτε μια αντίθετη φωνή. Η ομοψυχία και η αποφασιστικότητα στην αποθέωσή τους.

Στο άκουσμα αυτής της φράσης, τα μάτια του Αρχιναύαρχου έβγαλαν αστραπές, ο θυμός του έγινε οργή ασυγκράτητη, και με μια φωνή που έμοιαζε μ' αστροπελέκι, ρώτησε ξανά: «Για τελευταία φορά σας ρωτώ: Ποιός σκότωσε το Διοικητή? » και ταυτόχρονα, με παραμορφωμένο από την οργή πρόσωπο, έδωσε αυστηρή εντολή τα πυροβόλα της Ναυαρχίδας να γυρίσουν τις μπούκες τους κατά του μαζεμένου λαού. Ο λαός των ρακένδυτων, γυμνών σχεδόν, ξυπόλυτων και άοπλων προγόνων μας, άκουσε τις απειλές του Αρχιναύαρχου, είδε τα κανόνια στραμμένα πάνω του, αναδεύτηκε σαν ένα γιγαντιαίο κύμα που φούσκωσε, ζύγισε την απόφασή του και σε λίγο σαν ένας γίγαντας κινήθηκε ήρεμος και αποφασισμένος να παλέψει με το θεριό και να νικήσει! Με μια φωνή που λες και βγήκε από το στήθος ενός μυθικού ήρωα, δυνατή σαν κανονιά, αλλά ήρεμη σα θεϊκή, απάντησε και πάλι, «Ούλοι εμείς Αφέντη». Με μια απαλάδα και μια ηρεμία μοναδική, κατάκτηση του ανθρώπου που δε φοβάται πια, του πλήθους που νίκησε το φόβο, και αυτή η αντρειοσύνη του ούτε τρομάζει ούτε φοβερίζεται. Και τότε έγινε μια ησυχία και χύθηκε μια τέτοια ηρεμία στα πρόσωπα και τις καρδιές του συναγμένου πλήθους, που σαν έτοιμο από καιρό, περίμενε τα πάντα, αλλά δε φοβόταν πια τίποτα! Και ξαφνικά έγινε το θαύμα. Το πρόσωπο του Αρχιναύαρχου άλλαξε όψη, ηρέμησε και αντί τα κανόνια της Ναυαρχίδας του να σπείρουν τον όλεθρο, το θάνατο και την καταστροφή, ο Αρχιναύαρχος ήρεμος σαν από θεϊκό άγγιγμα, κεραυνοβολημένος, συνεπαρμένος από το μεγαλείο του ασημαντού αλλά γενναίου λαού, έβγαλε φωνή στεντόρια, όμως ήρεμη, προς το πλήρωμα της Ναυαρχίδας του, αξιωματικούς και ναύτες: «Στο πλοίο όλοι και ετοιμαστείτε αμέσως για απόπλου». Εριξε μια τελευταία ματιά σ' αυτό το λαό, τον ελάχιστο -τον μέγα, μπήκε στη Ναυαρχίδα και ξεκίνησε για τα νέα ταξίδια του.

Κι η Ικαρία της ιστορίας, η Ικαρία του θρύλου, η Ικαρία των μύθων και των παραμυθιών, αναθυμάται με περηφάνια μέχρι σήμερα αυτή τη συναρπαστική ιστορία, που φαίνεται να 'ναι αληθινή πέρα για πέρα, και όχι γέννημα φαντασίας κάποιας καλομάνας, που έπλαθε, πασπαλίζοντάς τα με πολύ ηρωισμό και πολλή αντρειοσύνη, παραμύθια του νησιού, με τα οποία μεγαλώσαμε όλες, οι μέχρι το τέλος του μεγάλου πολέμου, Ικαριακές γενιές.

In 1903, Ioannis Lefes, working in Pittsburgh as a painter at a steel mill owned by US Steel, was killed in an industrial accident at the age of 33, leaving his wife and children alone in Icaria.

With no family in the US, the Pittsburgh

Icarians gathered funds to give Ioannis Lefes a proper funeral and burial.

This was the first unified act of compassion by the Icarians, helping a fellow Icarian brother, and was the impetus to form a society to promote the welfare of all Icarians.

Thus, the Icarian Brotherhood of America was established.

### A call to all LEFES Family Members

I am working on a family tree and would love your help! There are not many of us left so PLEASE contact me if your ancestry includes a Lefes in your family.

Chrissa Lefes (District 1 Governor)  
(914) 582-9334 or email [CHSJLS@AOL.COM](mailto:CHSJLS@AOL.COM)



**Thank you Pan-Icarian Brotherhood!**



For over 100 years the Brotherhood has worked for our community. However, with this publication, we have a vehicle for keeping everyone informed, plus keeping us on our toes so that we can learn how to best help with the Island's needs and those of our local members.

**Katherine Glaros Papathanasis  
Lychnos Chapter**

Pramne #1 Youngstown resumed meetings in April. The Elias family hosted the annual chapter picnic on June 3rd. The chapter had a great turnout and everyone had an enjoyable time. We were also honored by a visit from District Governor George Karnavas and his fiancée.



Tommy and Jaclyn Sarah (Elias) Senich recently welcomed their first child into the world. Melina Julianne was born March 30.



Melina was presented to St. John the Forerunner in Boardman for her 40 day blessing on May 14.

May God bless the happy family! Syncharitiria!



Pramne chapter is planning for their next event to be a wine tasting event in August, hosted by Diane and Paul Rice. Members of Pramne are encouraged to attend the national convention in Columbus. The chapter hopes to send delegates as well.

Dave and Dana (Elias) Patrick are expecting their first child. Best wishes for a safe, healthy delivery!

Submitted by Jaclyn Sarah Senich  
Pramne chapter secretary



Hello Brothers and Sisters and happy summer!

Visit [www.pan-icarian2017.com](http://www.pan-icarian2017.com) for reservations, event tickets, and info about all the amazing things happening in Columbus this Labor Day weekend!



We are busy busy, busy finalizing plans for this year's Convention along with Columbus Chapter #17!!

Our chapter gathered on June 11th at the home of Argie Spithas-Miner and Larry Miner for our annual lamb roast. We were blessed with perfect weather, delicious food and Ikarians from near and far. Thank you to everyone who helped make this event happen!!



Our next meetings will focus on final convention plans. All are welcome!

Congratulations to Victoria Utrup daughter of David and Alexandra Parianos Utrup, granddaughter of Nicholas and Victoria Parianos, graduated from Walsh Jesuit High School, Cuyahoga Falls Ohio. She will be attending Youngstown State University in the fall pursuing a degree in Physical Therapy and will be playing golf for the Penguins.



Evie Maria Tsigas, daughter of Jim and Shelley (Chapler) Tsigas, graduated from Rocky River High School, June 2017. Evie has received art awards and the High Honor Roll this past year. In the fall Evie plans on attending Cuyahoga Community College and then transferring to Cleveland State University. Evie is the granddaughter of Nick and Mary Chapler and Angie Tsigas. We wish her all the best.



Bill and Kim Kontoveros and George and Katerina Karnavas are happy to announce the engagement of their children, Kalli and George.



George is the PIB District 2 Governor, grandson of the late George and Eirini Karoutsou and Dorothea and the late Foti Karnavas.

Kalli is the granddaughter of Vivian and the late James Herouvis; the late Dimitri and Anna Kontoveros; and the great-granddaughter of the late Past Supreme President Gust Herouvis and Bessie, and

the late John and Kalliopi Tripodes. The wedding will take place April 2018 in Cleveland, Ohio. May they be blessed with a lifetime of health and happiness.

Vasiliki "Vikki" Gemelas is a 2017 graduate of Padua Franciscan High School in Cleveland, Ohio and a member of Chapter Pharos. She is the daughter of Themistoklis and Clio Gemelas, of Xylosirtis and Cleveland Ohio, the granddaughter of Tom and Bessie Binikos Sarris of Xylosirtis and Cleveland and Argyro Gemelas and the late Nikolaos Gemelas from Xylosirtis, Ikaria. She was inducted into the National Honor Society. She completed four years of the MedTrack program only offered at Padua Franciscan and received a Magna Cum Laude award for the National Latin Exam.



She will attend Baldwin Wallace University in Berea Ohio as a Deans Scholar this fall where she plans to study Psychology. Along with the Deans award, she has received a scholarship from the Frances and William Summers Family of Baldwin Wallace University.

Xenya Safos graduated from Westlake High School in Westlake, Ohio where she played for the girls lacrosse team.



She will attend Cleveland State University in the fall to major in Nursing.

Xenya is the daughter of Zach and Mary-Kay Safos, granddaughter to John & Polyxeni Safos and George & Ethel Achedafty.



Greetings to all from lovely Warren, Ohio's Daedalos Chapter #4.

We participated in the Greek Independence Day parade in Warren with a great turnout by Karioties.



*Iyan and Alexander Ross*

*Yia Yia Sophia  
Facaros and baby  
Sophia Facaros*



Congratulations to Nicholas A. Koupiaris on his high school graduation. Nicholas is the son of Emmanuel and Mary Koupiaris and the step-grandson of Dorothy Charnas Tsitlakides. Nicholas will attend Youngstown State University with the goal of going on to law school.



*Mary Koupiaris, Marianne Raptis,  
Stella Charnas, Dorothy Charnas Tsitlakides*

We held our summer picnic; good food and great people.



*PSP Maria E Chimbdis, Emmanuel Koupiaris  
Marsha Foundoulis Klasovsky*

Congratulations to Stefani Kosta Tripoulas, crowned prom queen at Warren G. Harding High School. She was recognized for superior academic achievement and was selected as member of the National Society of High School Scholars which recognizes top scholars demonstrating outstanding leadership, scholarship and community commitment.

We were saddened by the passing of Eleftheria "Liberty" Foundoulis Mitchell, 94 years old. Liberty was an important part of this chapter for many years and important to those around her. We wouldn't be the chapter we are today without her dedication. May her memory be eternal.

We are looking forward to the summer and can't wait until the convention in Columbus!



March 2017 – We participated in the annual Greek Independence Day Parade on Fifth Avenue in Manhattan. We had excellent participation and the Pan-Icarian float proceeded down the heart of Manhattan with Ikariotiko being performed live. After the parade we headed back to our Leshi for our annual Parade Macaronada.







On April 8, 2017, we hosted for the second time an American and Greek Blues Night. Tony Santos and The Blues Conspiracy returned for a night of blues, featuring very special guests, Dervisi, playing authentic Rembetica. A special thank you to Basil Safos who helped organize the event.



April 22 2017 – Ikariotiko Glendi. We had the great pleasure of hosting Ikarian musicians from Greece. Mimis Efstratoudakis, Lefteris Tsimbidis, Giannis Politis and Christos Stentoumis filled our club with authentic Ikariotiko music. Our members and friends had a great time dancing the night away until the early morning hours.



On May 5, 2017, a famous Greek singer, Socrates Malamas, had a concert in NYC. It was his first time in America. Icarians from New York came out to support him.



After Malamas sang his last song, his band stayed behind and started playing the Ikariotiko. All Icarians and guests rushed in front of the stage (and of course some on the stage) and started dancing. The entire concert hall could not believe what they were experiencing. It was a sight to be seen.



May 2017 – Queens College Hellenic Studies  
Scholarship Awards Ceremony



VP, Gus Tsahas presented a Hellenic Studies Scholarship at Queens College on behalf of our organization.



June 18, 2017 – Father's Day BBQ

In appreciation of all the fathers, we hosted a Father's Day BBQ bringing, yet again, our members and their families together to enjoy a fun filled afternoon.

Our service project was to collect gently used clothing, shoes, toys and appliances to donate to those less fortunate.





The Doliche Chapter welcomed District Governor George Karnavas. A complementary dinner was held at Scaffidi's Restaurant in Steubenville for present and future chapter members. George updated the chapter on present and future events and the goals of the Pan Icarian Brotherhood. His report included ongoing projects in Icaria. The evening ended with door prizes.

Congratulations to Zoe Yvonne Locascio of Steubenville, Ohio for graduating with her Masters Degree in Occupational Therapy from the University of Pittsburgh. She is the granddaughter of the late Steve and Mary Collaros, and the youngest daughter of Alan and Joyce Collaros Locascio. Her family belongs to the Doliche chapter of Steubenville. She completed her course work at Pitt. Zoe then went on to Easter Seals in Wheeling, West Virginia for her fieldwork, following with three months in Sarasota, Florida at Health South Rehab. Zoe graduated with her Bachelors Degree from Baldwin Wallace University. Her future plans are to be a traveling Occupational Therapist around the U.S.





Chapter Icaros continues to meet the first Sunday of each month. Our discussions include event planning, hall maintenance, and decisions on charitable donations.

Recent events include a fish Lenten dinner on March 26 hosted by the Kouknas and Karakatsanis families, and our annual Memorial Weekend Mini Convention, including the Steve Manners Golf Outing on May 27 and our big Glendi on May 28. We would like to thank our members for their hard work and generosity in helping to make this year's Mini Convention another great success. Also, a big thank you to all who attended!



*Cooking Siblings!  
From left:  
Paul Kouknas,  
Ioannis Kouknas,  
Titika (Kouknas)  
Karakatsanis*

*Prepping Fish Dinner.  
From left: Titika  
(Kouknas Karakatsanis),  
Chapter Icaros Treasurer  
Niko Kouknas,  
Ioannis Kouknas*



Congratulations to Victoria Mavrogeorgis, 2017 high school graduate of CAPA 6-12. Victoria will be attending the University of Pittsburgh.

We were greatly saddened by the death of long-time member Harry James. May his memory be eternal.

We were also greatly saddened by the death of one of the Brotherhood's most dedicated members - Pan-Icarian Foundation Chair Dr. Nikitas Tripodes. May his memory be eternal.

We wish you all a great summer and look forward to seeing you in Columbus over Labor Day Weekend.

Submitted by Chapter Icaros Corresponding Secretary Anna Aivaliotis

At the May 28, 2017 Mini Convention Dance, Chapter Icaros honored two long-time members, Nicholas "Nick" Kalogeris and Jeremiah "Jerry" Gemellas. Both of these wonderful gentlemen served as Chapter Icaros President. More importantly, both volunteered countless hours of their time to ensure that our Ikarian Clubhouse was well-maintained and ran smoothly. They always found time to offer their assistance when needed, working tirelessly on behalf of their Ikarian family in Pittsburgh.



*Nick Kalogeris    Jerry Gemellas    Litsa Gemellas*

We owe them a huge debt of gratitude and hope this small gesture conveys our love and appreciation for all they have done and continue to do for our Chapter and Brotherhood.

## 2017 Steve Manners Golf Outing

*Our beautiful  
beer cart ladies  
Katie Kefalos  
and  
Isabella Aivaliotis*





## Mini Convention Dance 2017



Meze Queens  
Alecia Denillo  
and  
Mini Convention  
Chair  
Michelle  
Kotsagrellos



The lovely and  
unstoppable  
Despina Xenakis  
dancing with  
her nephew Mike  
and son Ted!







Yanna Mavrogeorgis  
The next generation leading the way!



Zach Tripoulas (Maryland), Foundation Secretary  
Christina Contes, Alex Moulas (Ikaria),  
Eleni and Cathy Champagne



Alex Moulas (Ikaria), Supreme Secretary  
Cathy Pandeladis, and Harry Tsantes (New York)



Evan Voultepsis, Demetre Lardas, Zach Lardas, Kemon Lardas,  
Vasilios Lardas, Sam Vassilaros, and Theodore Lardas.



Antonio Fevola, Maria Konetes, Koula Facaros,  
and Chapter Icaros Treasurer Niko Kouknas

Alex Moulas and  
Youth Governor  
Erica Aivaliotis



The Metropolis of Pittsburgh's 5th Annual Greek Language Festival, Intermediate Team representing St. Nicholas Cathedral (Pittsburgh) won first place this year!



The competition consisted of Greek spelling words, translated liturgical words and phrases, and translated words with Greek roots. Also, the students were quizzed on ancient Greek civilizations, mythology, Greek Modern art and about the life of St. John Maximovitch. In addition to competition trophies, these winners received the Icarian Award for outstanding academic achievement in Greek Language Studies along with a monetary award sponsored by Chapter Icaros. Kariotakia on the team were: Stefania Bounos, daughter of Michael and Maria (Teramana), and granddaughter of Otello & (Vogagis) Teramana of Steubenville, Ohio. Yanna Mavrogeorgis daughter of Alea & Dimitrios Mavrogeorgis and granddaughter of Joanne and Chris Melacrinos (Pittsburgh) and the late Lemonia and Christos Mavrogeorgis of Kambos. Submitted by: Alea C. Melacrinos

St. Nicholas Cathedral GOYANS honor the veterans of the parish by placing flags at their graves every Memorial Day weekend as a service project. Many of our Icarian forefathers are buried at the Wilksburg Cemetery which is owned and maintained by St. Nicholas Cathedral. Submitted by: Alea C. Melacrinos



For their service project the youth of Chapter Icaros hosted a food drive at the annual Mini Convention dance, then delivered the donations to the Fellowship of the Orthodox Christians United in Service (FOCUS) in the Hill District neighborhood of Pittsburgh. FOCUS is an Orthodox Christian organization that provides action-oriented and sustainable solutions to poverty in communities nationally. Submitted by Erin Cope



*Christopher Kefalos, Lisa Kefalos, Steven Kefalos, Theodore Lardas, Erin Cope, Chapter Icaros President Georgia Barlamas, PIB Youth Governor Erica Aivaliotis, and FOCUS staff members.*

**Victoria Mavrogeorgis** graduated from Pittsburgh Creative and Performing Arts 6-12 (CAPA) with High Honors, majoring in Instrumental Music specialized in violin performance. She was a class officer and teen facilitator for UPMC Health System, a member of the National Honor Society, the Music Honor Society, and the Green team and CAPA Cares. Victoria was the Co-President of the St. Nicholas Cathedral GOYA, GOYA basketball Co-Captain, choir member, Greek folk dancer and St. John Chrysostom Oratorical participant. She exemplified Greek language proficiency with the NY Reagent and the Ellinomatheia exams. Victoria is known to many for also performing Greek/Ikarian folk music around the Pittsburgh tri-state area at many private and public affairs. She will be attending the University of Pittsburgh to study engineering. She is the daughter of Alea & Dimitrios Mavrogeorgis. She is the granddaughter of Christo and Joanne Melacrinos and the late Christo & Lemonia Mavrogeorgis.





Hello to all of our fellow Icarians from the Detroit Chapter. On March 17th we held our annual macaronada in memory of the William Papalas and Maritsa Papalas who passed away recently. Also we would like to remember all the members of the Papalas family whom we have lost in the past. John A., Mary, Gus, Angeline, Tony, Marino, Alex, Dorothy, Despina. They were such an important part of our lives and we all have such fond memories and great stories about all of them. On March 26th a few of us participated in the Greek day parade in Greektown. The weather was not very cooperative but we are hoping for a better turnout next year.



We would like to congratulate Dr. Dean Mourselas and Athina Kouknas of Pittsburgh on their engagement. They celebrated with family and friends at the Icarian Hall in Verona on May 27th. Thank you to everyone from Las Vegas, Edmonton Canada, Detroit, Chicago and Pittsburgh who joined the happy couple to wish them well. Their wedding will take place in Petropoulis, Ikaria in July.



*Lee and Maggie Mamatas, John and Kathy Mourselas celebrate the night before the engagement party with 40 year old bottle of Metaxa*

Also, congratulations to Christos Michalakakis and Elizabeth Riley and to Stefan Harris and Pamala Loukoupoulos on their engagements. Both couples are planning fall weddings.

Congratulations to Kaitlinjane Blumberg for graduating magna cum laude from Birmingham Groves High School. KJ is quite a talented hockey player.



For the last few years she has played forward for Honey Baked, a travel team. She will be attending Brown



University in the fall where she will continue to play for the University team. KJ was also a goalie for the Groves lacrosse team. She is the daughter of Dr. Bob Blumberg and Alayne Batsakes. Her grandmother is Kay Batsakes and her great

grandfather is the late John A. Papalas who once served as Supreme President. We are all very proud of her.



Enjoying the Pittsburgh dance

Before you know it, the convention will be upon us. Make your reservations soon and we hope to see everyone in Ikaria and then Columbus. Have a wonderful and safe summer.

Submitted by Katherine Mourselas

Summer well wishes from our chapter. Our annual St. Nicholas Greek Festival saw many Ikarians take lead roles to help make our festival a success. Many of our dancers at the festival were also young Ikarians. They were truly amazing!

We salute our high school graduates, class of 2017. They are as follows: Robert Franck, son of Argie and John Franck, Tommy and George Malahias, sons of Peter and Courtney Malahias, and Pantelis Poulos, son of John and Athena Poulos. We wish them much success in college.

Angelique Skandalakis and Louis Simpson were married on June 3rd. Angelique is the daughter of Kay Saffo



Skandalakis of Wilmington, NC and Mitch Skandalakis of Atlanta, GA. She is the granddaughter of the late Angeline and Bill Saffo and the late Dr. John and Mimi Skandalakis. Louis Simpson is a Hospital Corpsman Chief in the United States Navy. Many Icarian family members and friends came out to celebrate their marriage. Kala Stefana!

Also, our chapter president George Livanos and Renee Islander tied the knot in Ikaria on June 21st. Kala Stefana! We wish both couples many years of happiness!

A new Icarian was baptized on June 10th. Elena Sophia Tracy, daughter of Josh and Aimee Tracy, was baptized by her Godparents, Yianni and Koula Fragos. Proud grandparents are Sophia Fragos Tracy and Ernie Tracy. Congratulations to Elena Sophia!

Chapter Therma would like to offer sympathy to the family of Dr. Nikitas Tripodes on his passing. He was true Icarian and so much a part of all the conventions. He was always so helpful to our chapter when any questions would arise. He will be dearly missed. May his memory be eternal!

We wish everyone a safe and happy summer season, and we will see you all in Columbus, Ohio!

"Tommy Malahias and George Malahias are sons of Peter and Courtney Malahias, and grandsons of George and Mary Malahias. Both graduated from Ashley High School on June 17, 2017



Tommy (left) plans to attend University of North Carolina at Wilmington in the fall to further his education.



George (right) plans to attend Appalachian State University in Boone, NC in the fall to study to be a secondary high school teacher."

*Do you have photos from Ikaria that you'd like to share in this magazine?  
They can be old or new, village or beach, panegyri or mountain hike,  
from the air, land or sea, people, churches, goats, olive trees,  
friends and family at home or a cafe; anything Ikarian.  
Please contact the Editor at [IkariaMag@tampabay.rr.com](mailto:IkariaMag@tampabay.rr.com)*

We are out of the winter shadows, in the warmth of the sun, and the vision of new life.



(Left) Angelo and Jessica Hatzistratis are proud to announce the birth of their third child and their first son, Jacob Angelo Hatzistratis, born May 27, 2017.

(Right) George and Christina Hatzistratis are proud to announce the birth of their second child and their first daughter, Lana Marie Hatzistratis, born May 6, 2017.



Amy and John Papathanasis baptized their second child, and first daughter, Toula, on Jan 4, 2016



It is this New Life that helps us understand God's plan and make sense of lives and events passed. While we still mourn the November passing of long-time member of Sarah Glaros, we are reminded of the joy there is still to be had through our young ones. May Sarah's memory be eternal. Ζωή σε Εμάς!

Speaking of ζωή, it's now time for George Spanos to start living the καλή ζωή! George is 71 years young (VERY young by Ikarian standards) and is retiring from his career as a California Superior Court Judge. He served in this capacity since 2001, and was a passionate lawyer for 25 years before that. He plans to spend time with family and, "me to kalo", in Ikaria once his beautiful bride, Eleni, decides to retire from teaching in a year or two.

## ***Ikarian Spotlight***

*Hobby, sport, travel, creativity, internship, achievement, mission, discovery, adventure...*

*Ikarians have all of these in abundance.*

*If you or someone you know would like to share these highlights or other interests with fellow Ikarians in the Spotlight feature of this magazine please contact the Editor at [IkariaMag@tampabay.rr.com](mailto:IkariaMag@tampabay.rr.com)*



On Saturday, May 27, 2017, Nea Ikaria held an Ikarian Glendi





A meeting was held at the home of Jackie and Marino Moraitis May 28, 2017. The purpose of the meeting was to discuss the upcoming 2017 Convention in Columbus, Ohio. This was bad planning on Jackie's part since many people attended the Mini Convention in Pittsburgh. A lot was discussed, about 16 attended and we finalized a lot of plans for the convention.

We were so busy that we forgot to get a group picture. Our newest member, Elena Kaiser, did take a picture of the desserts!



Those in attendance were Marino and Jackie Moraitis, Elena Kaiser, Curt Williams, Nicholas Williams, Tom and Jackie Michaelidis, Karen Hendricks, Argie Williams, Dr. Harry Fronista and his wife Sylvia, Flora Schroner, Tony Xidas, Ruth Bingham and Aris and Beth Hutris.

Submitted by Jackie Moraitis

A loyal member of Chapter #17 for many years, Flora "Fifi" Schoener, lost her husband of 64 years on April 27, 2017.



Jack Schoener was 85 years old and on May 14, would have been 86. Jack worked for Projects Unlimited and was a chief design engineer and worked there for about 20 years, he retired at the age of 64. Fifi and Jack were married in Richmond, Indiana where they romantically ran away and eloped, then returned to Dayton, Ohio. Fifi's maiden name was Fronista, her family was from Agios Kirikos, Ikaria. Her mother's maiden name was Glaros from the village of Glarethos, Ikaria.



Hyatt Regency Columbus Downtown  
September 1st - 4th, 2017  
2017 convention website:  
[www.pan-icarian2017.com](http://www.pan-icarian2017.com)

On March 19, 2017 the members of Helios Chapter participated in the annual Greek Independence Day Parade in Tarpon Springs, FL along with many other organizations. We marched proudly with the Greek and Ikarian Flags on a beautiful day., then enjoyed the music and dancing at the sponge docks.



Helios Chapter started a new tradition last year and continued it in May when we attended the second annual “Greek Heritage Day” sponsored by Tampa Bay Rays Baseball at Tropicana Field in St. Petersburg, FL. Greek Organizations were invited to cheer on the Rays. We all received an official Rays Baseball hat and had a fantastic time! OPA!





We celebrated Helen Contogianes' birthday at our May meeting! We enjoyed a delicious meal prepared by Charlotte Pardos and sang to Helen. Xronia Polla!



*Philip Robertson and Kyra Christopher join the festivities at our leski.*

*Helios' young Ikarians enjoy a play date*



Helios Chapter sends their sympathy and condolences to the families of these Ikarians:

John Glaros, George Mantakounis, George Pete Patellis, Steve Stephanadis, Nicholas Kayafas, Mary Vassilaros, Chris Moraitis, Liberty Mitchell, Nicholas Conomos and Foundation Chairman Dr. Nikitas Tripodes. May their memories be eternal.

Respectfully submitted,  
Linda P Tripodis Murray  
Chapter President



*The One That Didn't Get Away!  
Member Christina Murray with Kyle Bulleit  
and their "Big Catch" of mahi off the  
coast of Bimini, Bahamas*

We are saddened by the passing of Chris A. Moraitis on June 4, 2017. Chris was born and raised on Ikaria. He moved to Detroit, Michigan in 1962, where he opened his first business.

After retiring in 1997, he moved to Clearwater, Florida. Chris is survived by his wife, Lucia, his daughter Phyllis of Detroit and grandson Chris, and son Victor and daughter-in-law Kate of Clearwater.

May his memory be eternal.



On March 26th, our Chapter participated in the Greek Independence Parade, despite the cold and rain. We proudly showcased our chapter's new banner, donated by Jim and Vicky Tsakalos.



We hosted our 2nd annual Ikariotiko panigiri on May 20th. Our ikarian brother, Nikos Facaros, travelled all the way from Greece to play the violin and the tsampouna. It truly felt like we were back on the island, drinking ikarian wine and listening to the sweet sounds of the Ikariotiko. Our event was well attended, with special guests, the Supreme Lodge, and fellow brothers and sisters from the US. Congrats to the organizing committee!



The morning of the dance, the Supreme Lodge held their spring meeting hosted by our Chapter. It was an opportunity for our members to meet with the Supreme Lodge and discuss concerns and also learn about the foundation. It was inspiring to meet such a passionate group of people who care about the future of our Brotherhood.





Langada chapter held its quarterly meeting June 11th at the White House restaurant in Atlanta. A good turnout of members was a welcome sight. Current active membership is up near thirty members.

Cara Tripodis, daughter of Chris Tripodis, graduated from Georgia Southern University in May with a degree in Multimedia journalism. Langada's first ever meeting was held when Cara was just a toddler. Our chapter is very excited for her, having seen her grow up through the years. We wish her much success.

# DRAKANON

Greetings PIB and members,

Our club has held a few meetings in 2017 and we discussed various activities and other items. The new officers elected for 2017 are the the same as last year, Marina Casey (Parianos) - President, Icaros Chacalos - Vice President, Maria O'Connell (Parianos) - Treasurer and Chris Parianos - Secretary.

We took a gambling trip as a club in May. The members who attended all had fun and came home with some winnings. We are planning on another gambling trip for the year and discussing other club activities for 2017. We are discussing plans for several club members to attend the convention this year in Columbus, Ohio. Best of luck to the Columbus/Akron chapters in putting together a wonderful convention this year. We know you will put on a successful event.

Stephen C. Parianos, son of long time members Chris and Jeannie Parianos, graduated from Mayfield High School this year. He is going to continue his education in the fall at Lakeland Community College and subsequently at a four-year university. He is studying Business & Marketing. We are very proud of Stephen and we wish him all the success in his future endeavors.



"Panagia, Chapter #26 (Buffalo, New York) has enjoyed an active Spring season with many festivities. We held our Spring meeting at the house of Theodore & Marcia Skaros during our Easter celebrations.



At this meeting, we discussed Chapter plans for the upcoming year and travel arrangements to the Supreme Convention in Columbus, Ohio. Many of our Chapter members will be in attendance and we look forward to seeing all of our Ikarian brothers and sisters in the coming months!



Our Chapter members attended the annual Greek Independence Day parade and dance, held in Cleveland, Ohio.



In June, our chapter took the short drive up to Toronto, Ontario to attend the latest Supreme Lodge meeting and attended an Ikarian panegyri hosted by the Nisos Ikaria (Toronto Chapter #21).

Our members thoroughly enjoyed each event, and would like to thank the hosting chapters for their hard work and Ikarian hospitality!"





# IN MEMORY OF



## Steve D. Stephanadis

Steve D. Stephanadis, age 87, passed away peacefully on March 8, 2017 at the University of Maryland Charles Regional Medical Center, having been a resident of Charles Country, Maryland for the past 48 years.

Steve was born in 1930 in Cleveland, Ohio, eldest of three children of two Greek immigrants from the beautiful island of Ikaria, Greece in the Aegean Sea. The family moved to Wilmington, NC when Steve was 2 years old where he subsequently graduated from New Hanover High School and Wilmington College (later UNCW). Steve enlisted in the US Air Force in April 1953 and was part of the 48th Fighter Interceptor Squadron based at Langley AFB, Hampton, Virginia. After his active duty service, he continued to serve in the USAF Reserve through March 1961. During this time Steve also met and married Golfo Panayiota Kakavas of Washington, DC (the daughter of Greek immigrants as well from Piraeus, Greece). Steve and Golfo had two children, Demetrios (aka Jim) and Hope. After his honorable discharge from the Air Force, Steve joined the Department of Justice, Immigration and Naturalization Service, progressing to Assistant District Director of Investigations before retiring in June 1985. Steve left behind many friends and colleagues at the Service upon retiring.

Steve was preceded in death by his parents Demetrios and Argero (nee Konzaman) Stefanadis; wife Golfo (nee Kakavas); brother Gus D. Stefanadis (Sonja nee Binikos); sister Helen (Jim Tsigounis); and daughter Hope.

Steve leaves behind son Jim and wife Rebecca (nee Groves) of Chagrin Falls, Ohio; grandson Nicholas of Washington, DC; granddaughter Laura of Washington, DC; granddaughter Katherine of New Orleans, LA; sister-in-law Sonja of Clearwater, FL; sister-in-law Nicolletta Cutsumpas (Lloyd) of Danbury, CT; nephews Demetrios (Zoe) Stefanadis, John (Karen) Cutsumpas, Ted (Alicia) Cutsumpas, John Tsigounis, Nicholas (Janice) Tsigounis, and Stevie Tsigounis; nieces Annette (James) Mavres, and Arleen (Tony) Castelli; many other grandnieces and grandnephews; and dear friends.







# IN MEMORY OF



## John Glaros

John Glaros began his island adventures on November 8, 1914 in the village of Glaredo, Ikaria, Greece. He completed his earthly journey on May 12, 2017 in Holiday, Florida. John was the loving son of George and Argyro Glaros, and cherished brother of Dimitri, Maria, Louie, Manoli, Zacharias, and Joanna. As a youth John was free-spirited and continued to exhibit a strong, independent force throughout his productive life. He embraced nature with a passion and was often soothed by the gifts of water. The ocean was a constant in John's life, and remained a life long mentor of important lessons in his philosophical outreach.

As John matured, he channeled his amazing strength into many physical activities. As a youth, John enjoyed all sports, with a special passion for track and field events. John's incredible physical energy was evident as he competed in decathlons. His dedication as a champion was showcased due to endless hours of practice in shot put, long jump, running, etc. He excelled in so many sports; however, as child of the island, long distance swimming brought him his greatest pleasure. John advocated for himself and others a healthier lifestyle.

In the years that followed, family thoroughly enjoyed his singing, story telling, and amusing mischievous jokes, with friends and fellow islanders. Merriment was part of his playful personality; as life began to unfold in tragic ways. John was instrumental in the survival of the Glaros family as he shouldered great responsibility in attending to

tasks necessary to farming on rocky soil and difficult mountain terrain. No matter the weather conditions, John toiled to support the family in its farming endeavors. Goat herding meant walking miles to locate shrub suitable for the animals, in addition to collecting shrubs for fire in the family hearth. John performed many types of work to ensure the family's well being; his initiation into hard work was a source of familial pride.

In the early 1930's, John began to develop a deep desire to come to America, the land of opportunity. John joined the Greek Merchant Marines and learned invaluable survival skills. After his father passed, it became clear that John could better serve his family by traveling to America. As an immigrant, he struggled to enter the country twice by actually jumping off the ship as it neared the Statue of Liberty! He was handcuffed and deported both times after being caught in New York City by immigration officials. His determination never wavered; on the third attempt he achieved success.

In World War II, John volunteered to serve his country by fighting in the Army. His allegiance to America was formidable and he was proud to aid America in any way that he could. Upon returning home from fighting, he married Martha. Employment was not available, so the couple ventured out to California. Several years passed, and Martha yearned to return to her family in Ohio. In time, he became a butcher, which led John operating and owning his own business until he retired. A few years later, the couple decided to move to Florida to enjoy a fuller and more active life style. The Glaros family was involved in the Greek community and the Pan-Icarian Brotherhood of America. Frequent trips to Greece and California were the highlights of their travel adventures. John especially relished making wine and deep sea ocean fishing with his sister, Joanna, and brother in law, Stellios Petsakos in California. John took great delight in walking along beaches, gardening, and cooking nutritious and delicious Ikarian meals.

On personal matters, John endured many disappointments; however, he carried on with a strong, determined heart. He fought with great conviction and was adamant about surviving stomach cancer, both times, even though doctors warned him about the possibility of dying. The tragic loss of both his beautiful daughters, Argie and Sophia, in addition to his loving wife, Martha, was a heavy burden on his heart. John was first and foremost, a survivor of great magnitude. He bore difficult conditions and strengthened his resolve to overcome challenges. His incredible character would not permit otherwise! John counseled his family with his quiet actions by sharing his wonderful emotional strength and dignity. May God bless this traveler, our sweet Uncle John with everlasting peace.



Joanna (Glaros) Petsakos and family



### CONVENTION SPONSORSHIP OPPORTUNITIES

The Pan-Icarian Brotherhood of America will hold our 114th Supreme Convention at the Hyatt Regency Columbus Downtown, September 1st- 4th, 2017. Our “Forever Young” themed weekend boasts a vibrant location and activities, entertainment, and cultural connection for all ages.

Since 1903, this annual event brings together people of Icarian descent in a unique, family reunion-meets-fundraiser gathering. In, 2017 we anticipate setting record numbers, with several thousand in attendance, and strong “official” involvement by registered delegates.

Sponsorship is an opportunity to promote your business or organization to an energetic, loyal community while helping the Pan-Icarian Brotherhood continue our philanthropic endeavors across North America and Greece.

#### **Gold Sponsor** -\$7,500

Recognition at all convention events, Ten tickets to event of choice, Featured in commemorative album

#### **Silver Sponsor** -\$5,000

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#### **Bronze Sponsor** -\$2,500

Recognition at Saturday Glendi, Two tickets to event of choice, Athena ad in commemorative album

#### **Olympian Sponsor** -\$1,250

Five tickets to Saturday Glendi, Athena ad in commemorative album

Pan-Icarian Brotherhood of America

Akron Chapter VI Chembithes #2 / Columbus Chapter Christ Aivaliotis #17

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### CHAPTER PRESIDENTS AND CONTACT INFORMATION

#### **PRAMNE #1 YOUNGSTOWN**

Aspasia Elias  
4069 Alvacardo Dr.  
Canfield, Ohio 44406  
330-793-2030  
[aspasiapib@gmail.com](mailto:aspasiapib@gmail.com)

#### **V.I. CHEBITHES #2 AKRON**

Evangelia Spithas Fresty  
2905 Gasser Blvd.  
Rocky River, OH 44116  
330-715-1704 [ispithas@gmail.com](mailto:ispithas@gmail.com)

#### **PHAROS #3 CLEVELAND**

James Gemelas  
3920 Case Rd.  
Avon, OH 44011  
440-724-5866  
[jamesgemelas@gmail.com](mailto:jamesgemelas@gmail.com)

#### **DAEDALOS #4 WARREN**

Fotini Raptis Facaros  
16780 Orange Lane  
Auburn Twp, OH 44023  
330-307-8834  
[facaros@raptiscoffee.com](mailto:facaros@raptiscoffee.com)

#### **PANDIKI #5 NEW YORK**

Gus J. Tsahas  
248-12 Thebes Avenue  
Little Neck, NY 11362  
917-731-8341  
[gusltcelectric@aol.com](mailto:gusltcelectric@aol.com)

#### **DOLICHE #6 STEUBENVILLE**

Stacy Kotsanis  
1716 Hamilton Place  
Steubenville, OH 43952  
740-283-2792  
[kotsanis@comcast.net](mailto:kotsanis@comcast.net)

#### **ICAROS #7 PITTSBURGH**

Georgia Barlamas  
806 Fairdale Avenue  
Ambridge, PA 15003  
724-777-3801  
[gbarlamas@gmail.com](mailto:gbarlamas@gmail.com)

#### **FOUTRIDES #8 CHICAGO**

John Karnavas  
8356 S. 78 Court  
Justtice, IL 60458  
708-717-4114  
[Macdat2001@gmail.com](mailto:Macdat2001@gmail.com)

#### **SPANOS/ARETI #9 DETROIT**

Steve M. Papalas  
8119 Woodcrest  
Grosse Ile, MI 48138  
734.675.3009 / 313.363.3712  
[stevem@johnapapalasco.com](mailto:stevem@johnapapalasco.com)

#### **THERMA #10 WILMINGTON**

George Livanos  
5605 Brisbane Dr.  
Chapel Hill, NC 27514  
919.699.2071  
[georgelivanos@me.com](mailto:georgelivanos@me.com)

#### **LYCHNOS #11 NO. CALIFORNIA**

Dorothy Glaros  
1157 Austin Wy  
Napa, CA 94558

#### **ATHERAS #12 PHILADELPHIA**

Nick Gasparinatos  
4462 Burwood Avenue  
Pennsauken, NJ 08110  
[ngasparinatos@comcast.net](mailto:ngasparinatos@comcast.net)

#### **OINOE #14 SO. CALIFORNIA**

Constantinos Frangos  
320 N. Milpas  
Santa Barbara, CA 93103  
805-962-6020 [czfrangos@aol.com](mailto:czfrangos@aol.com)

#### **NEA IKARIA #15 PT. JEFFERSON**

John Vardaros  
12 Forest Avenue  
Lake Grove, NY 11755  
631-585-9081  
[mvardaros@gmail.com](mailto:mvardaros@gmail.com)

#### **LEFKAS #16**

#### **WASHINGTON DC - BALTIMORE**

George Moratis  
11715 Winter Way Lane  
Fairfax Station, VA 22039  
703-978-9122 [gmoratis@aol.com](mailto:gmoratis@aol.com)

#### **CHRIST E. AIVALIOTIS #17 COLUMBUS**

Jacqueline "Jackie" Moraitis  
3786 Riverwatch Lane  
Columbus, Ohio 43221  
614-529-8738  
[jackie3786@hotmail.com](mailto:jackie3786@hotmail.com)

#### **HELIOS #19 CLEARWATER**

Linda Tripodis Murray  
8355 40th Ave. N  
St. Petersburg, FL 33709  
727-244-7563  
[jmurray8@tampabay.rr.com](mailto:jmurray8@tampabay.rr.com)

#### **KAVO-PAPAS #20 HOUSTON**

George N. Tratas  
10910 Fawnview  
Houston, TX 77070  
832-752-3251

#### **NISOS IKARIA #21 TORONTO**

Renos Manolis  
59 Portsdown Road  
Toronto, Ontario, Canada  
647.713.9972  
[r.manolis@hotmail.com](mailto:r.manolis@hotmail.com)

#### **IKAROS OF MONTREAL #22**

Irini Antypas  
[lantypas@pilaros.com](mailto:lantypas@pilaros.com)

#### **LANGADA #23 "Spirit of Ikaria" ATLANTA**

Florence Potter  
126 Piney Ridge Rd.  
Jasper, Ga 30143  
[fl\\_potter@yahoo.com](mailto:fl_potter@yahoo.com)

#### **DRAKANON #24 PARMA**

Marina Parianos Casey  
10622 York Road  
North Royalton, OH 44133  
440-230-9577 [mcasey74@gmail.com](mailto:mcasey74@gmail.com)

#### **N'IKARIA #25 N/W INDIANA**

Elias Gemelas  
106 N. Michigan Avenue  
Hobart, IN 46342  
219-712-8805 [elias.gemelas@gmail.com](mailto:elias.gemelas@gmail.com)

#### **PANAGIA #26**

#### **UPSTATE NEW YORK**

Theodore G. Skaros  
941 Blossom Road  
Elma, NY 14059  
716.688.4985  
[tmskaros@gmail.com](mailto:tmskaros@gmail.com)

#### **EIRINI #28 S. E. VIRGINIA**

Stefanos Pedos  
2713 Martone Road  
Norfolk, VA 23518  
757-588-1734 [anna.pedos@gmail.com](mailto:anna.pedos@gmail.com)



Official Address  
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