



ΟΡΓΑΝΟΝ ΤΩΝ ΑΠΑΝΤΑΧΟΥ ΙΚΑΡΙΩΝ ΚΑΙ ΦΟΥΡΝΙΩΝ

OFFICIAL MAGAZINE OF THE PAN-ICARIAN BROTHERHOOD OF AMERICA
AND THE PAN-ICARIAN FOUNDATION



**2015 National Convention - Celebrating Women
September 4-7, Pittsburgh, PA**



**IKARIA MAGAZINE IS A PUBLICATION OF THE
PAN-ICARIAN BROTHERHOOD OF AMERICA, "ICAROS"**

**PAN-ICARIAN BROTHERHOOD OF AMERICA
NATIONAL HEADQUARTERS**

2745 N. Troy
Chicago, IL 60647



SUPREME PRESIDENT E. TERRY PLATIS

Telephone: 917-941-4233

Email: terryplatis@hotmail.com

2014-2015 Supreme Officers Of The Pan-Icarian Brotherhood

SUPREME VICE-PRESIDENT, GEORGE PARALEMOS 51 Meadow Lane, Roslyn Hts, NY 11577
Telephone: (m) 718-781-1491 Email: icaros@aol.com

SUPREME SECRETARY, DAMIANOS T. SKAROS 941 North Blossom Road, Elma, NY 14059
Telephone: 716-668-4985 Email: dtskaros@yahoo.com

SUPREME TREASURER / DATABASE MANAGER: CATHY PANDELADIS
42 Timberline Court, Pittsburg, PA 15217 412-418-6954 Email: cpanda252002@yahoo.com

COUNSELOR, DEMOSTHENES C. YIAKAS 410 Mesa Street, Torrance, CA 90505
Telephone: 310-874-1456 Email: dcyiakas@yahoo.com

DISTRICT 1- Governor Katerina Mavrophilipos, 1206 Oakcroft Drive, Lutherville, MD 21093
Telephone: 410-218-5191 Email: ekatmavro2@gmail.com

DISTRICT 2- Governor Aspasia Elias, 4069 Alvacardo Drive, Canfield, OH 44406
Telephone: (h) 330-793-2030 (m) 330-728-9526 (not texts) Email: aspasiapib@gmail.com

DISTRICT 3- Governor James G. Lakerdas, 5300 South Shore Drive, Suite 100, Chicago, IL 60615
Telephone: 773-485-1088 Email: jlakerdas@gmail.com

DISTRICT 4- Governor Gus Tsambis, 6653 Catalpa Drive, New Port Richey, FL 34655
Telephone: 727-447-4287 Email: gustsambis@icloud.com

DISTRICT 5- Governor Alexandra Katsas, 221 S. 5th Street, Alhambra, CA 91801
Telephone: 626-234-7110 Email: katsas@rocketmail.com

DISTRICT 6- Governor Nick Skaros, 5 Pauline Court, Lancaster, NY 14086
Telephone: 716-681-4876 Email: gnskaros26@aol.com

DISTRICT 7- Youth Governor George Karnavas, 24373 LeBern Drive, North Olmsted, OH 44070
Telephone: 440-391-8164 Email: Gkarnavas88@gmail.com

Web Manager - Dean S. Tripodes, Baywalk Marketing, P.O. Box 486 Sierra Madre CA 91025 800-927-8841 dean@baywalk.net

***Ikaria Magazine* Editor - Mary A. Deschamps**, PO Box 490, Dunedin, FL 34697 727-559-1212 IkariaMag@tampabay.rr.com

Scholarship Chair - Georgia Pandeladis 423 Fielding Drive Pittsburgh, PA 15235 412-795-6713 icarian.scholarship@yahoo.com

2014-2015 FOUNDATION OFFICERS

Chairman Dr. Nikitas Tripodes, 2041 Le Droit Dr., South Pasadena, CA 91030 626-799-4735 NTripodes@aol.com

Vice Chairman PSP George G. Horiates, Law Office of George G. Horiates, Esq.,
7010 Kaighn Ave. @ US Hwy 70, Pennsauken, NJ 08109 Phone: 856-665-2085 gghoriates@aol.com

Director PSP Ellene (Nina) Tratras Contis, 6763 Heatheridge Drive Saline, MI 48176 734-276-0787 etcontis@comcast.net

Director Paul Collaros 707 Schilling Dr., Dryer, IN 46311 219-864-9822 eagle_paul@sbcglobal.net

Director PSP Dr. Stanton Tripodis, 3072 Woodson Lane, Clearwater, FL 33761 727-744-8663 sptripodis@gmail.com

Foundation Secretary, Maria Vassilaros, P.O. Box 79037 Pittsburgh, PA 15216-0037 412-563-0547 mariavassilaros@verizon.net

**Donations to the Pan-Icarian Brotherhood must be sent directly to the Foundation:
Pan-Icarian Foundation P.O. Box 79037 Pittsburgh, PA 15216-0037**

PAN-ICARIAN BROTHERHOOD OF AMERICA "ICAROS"

Headquarters of the Supreme Lodge

IKARIA MAGAZINE Summer 2015

SUPREME PRESIDENT'S MESSAGE



Dear Brothers and Sisters,

Pan-Icarian Brotherhood Summer Service Project in Ikaria – Save the Date!

If you will be in Ikaria on Monday, August 3, please save the date for the first annual Pan-Icarian Brotherhood Summer Service Project in Ikaria! The Supreme Lodge is working on a service project in Ikaria this summer for members of the Brotherhood that are interested in donating their time and giving back to the local community in Ikaria. More details will be distributed via Facebook and email at a later date, or contact me at terryplatis@hotmail.com for more information.

Membership

Members, please pay your 2015 membership dues to your local chapter as soon as possible if you haven't done so already. And chapters, submit your per capita dues now, not at the Convention! Note that the number of members your chapter has will determine the number of delegates that your chapter will have at the Convention. As a reminder, rather than submit paper receipts with your per capita checks, we are asking each chapter to email its membership info to Supreme Treasurer, Cathy Pandeladis (her email is cpandeladis@yahoo.com) in an Excel file. Please note that this is a new email address.

Convention

The 2015 Convention is just around the corner! Now is the time to book your hotel room and make your travel plans! Here are a few important reminders:

Book your Room. The host hotel for the 2015 Convention is the Wyndham Grand Pittsburgh Downtown. The nightly room rate is only \$99, and we expect the Brotherhood room block to sell out. Reservations can be made online at www.pib2015.com, or by calling 412-391-4600 #1 (Wyndham central reservations) or 412-391-4600 #0 (Wyndham Grand Pittsburgh). Ask for the Pan-Icarian Brotherhood block. If you have trouble obtaining the Convention rate for Friday night, please go ahead and make your reservation and once you have a confirmation number, please call or email either Sophia Facaros (cell: 412-370-9735, email: facarosfamily@gmail.com) or Joanne Melacrinis (cell: 412-400-4607; email: JLM563@aol.com) and they will contact the hotel to help you obtain the Convention rate for Friday night. Also, if you are holding on to hotel rooms that you do not plan to use, please give them up so that others may take your reservation.

The overflow hotel is the Pittsburgh Marriott City Center with a nightly room rate of \$119. Reservations can be made online at www.pib2015.com, or by calling 877-645-3553 or 412-471-4000. Ask for the Pan-Icarian Brotherhood Convention 2015.

Plan Ahead and Receive a Discount on Events. Many events are available for pre-purchase at discounted prices. Visit the www.pib2015.com website to purchase online. Some highlights include a Sweetheart Luncheon featuring guest speaker Diane Kochilas, a comedy show with the always funny Basile, and of course the Grand Banquet & Ball, which is sure to be an entertaining and memorable event!

Pan Icarian Brotherhood of America “Icaros”
Summer 2015 SUPREME PRESIDENT’S MESSAGE (CONTINUED)

Recent Chapter Visits

The Supreme Lodge traveled to Akron, Ohio on Saturday, March 21 for its winter Supreme Lodge meeting which was hosted by the V.I. Chebithes chapter. A big thank you to chapter President Lia Spithas-Fresty and the other chapter members for their warm hospitality! The Supreme Lodge and Foundation officers had the opportunity to meet with members of the chapter over lunch at a local restaurant, which was followed by Supreme Lodge and Foundation board meetings. The Akron chapter may at times fly under the radar, but Sister Lia and the other chapter officers should be commended for the fantastic job that they are doing maintaining a strong membership base and consistently holding events throughout the year.

And another big thank you to chapter officers Irene Antypas and Chryssa Efstratoudakis and to the other members of the Ikaros of Montreal Chapter for hosting the spring Supreme Lodge meeting on Saturday, May 30 and for their warm Ikarian hospitality! Supreme Lodge members had the opportunity to hear from Chapter members during the meeting, which was followed by dinner hosted by the Chapter at a local restaurant. Although we may not get to see our Brothers and Sisters in Montreal often because of the distance and the expense of travel, it was clear to us that the Montreal chapter is a vibrant chapter and in good hands with Sisters Irene and Chryssa at the helm.

Chapter Email Lists and Social Media

In order to make sure that as many members as possible receive Brotherhood news, we ask that each chapter President/Secretary send to our webmaster, Dean Tripodes (at dean@baywalk.net), their latest email list. And if you haven’t already done so, stay up to date on the latest Brotherhood news by liking us on Facebook at www.facebook.com/PanIcarian and following us on Twitter at twitter.com/PanIcarian.

Fraternally yours,
E. Terry Platis
Supreme President



Pan Icarian Brotherhood of America "Icaros"
ICARIAN SPOTLIGHT

Mary Lee King, a member of Daedalos Chapter #4, is currently studying at Coastal Carolina University where she is working toward her Master of Science in Marine Science. She graduated from the University of Akron with a Bachelor of Science in Geology in 2014. She is the daughter of Curtiss and Koula (Glaros) King and the granddaughter of Elias and Lemonia Glaros. Below is her account of a recent study abroad trip.

From March 14 to 25, 2015, I participated in a research cruise on the German research vessel POSEIDON in the Gulf of Cadiz off the southern shores of Portugal and Spain. We were there to see how the interplay between sediment supply by the continental rivers, the ocean currents and sea level have changed the depositional architecture of specific marine sediment depocenters on the continental shelf.

Having a background in geology, I assisted scientists with acoustic echo sounder data collection and with marine sediment sampling. The acoustic echo sounder collected data 24/7 of the different sediment layers below the seafloor while sediment cores, up to 5m long, were only taken during the day. I worked mainly on the deck helping move coring equipment and samples to and from the labs. There I learned how the different coring devices work and what their limitations were whether it be the



shallow depth of water the vessel was in or the type of sediment that needed sampled. At night, I also helped take shifts watching the acoustic echo sounder collect data. I quickly figured out that the acoustic picture of the seafloor had to stay within the viewing window or else the echo sounder would not record the data.



The scientists and crew were from Bremen in Germany, Granada in Spain, Faro in Portugal and Coastal Carolina Uni-

versity (CCU) in the United States. CCU became involved in this research through my advisor Dr. Till Hanebuth's expertise with marine sediment depocenters. I will be using the data and sediment cores collected from the eastern portion of our study area near the Guadalquivir River for my master's thesis. Most of the marine sediment there is composed of slightly silty clayey mud with some bivalves and gastropods.

This fun mixture of nationalities, disciplines, and expertise allowed for quite an interesting combination. Not only did I enjoy learning about offshore sediment coring, but I also enjoyed experiencing different cultures and foods. The passion fruit in Portimao, Portugal was a bit tart and tapas in Malaga, Spain were fun to share. I quickly learned that real German cuisine can mix almost anything with meat and potatoes and make the dish taste fantastic. The colors that buildings in Portimao and Malaga were designed in amazed me. Living on a ship in close quarters for a ten days with people I have never met before allowed me the opportunity to make lifelong friends and become even more appreciative of different heritages.



Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Foundation Donations received between March 16, 2015 and June 30, 2015

Anthony and Anna Kayafas Scholarship Fund

Kayafas, Anthony & Anna	In Memory of Fotios Tsantes	50.00	
Kayafas, Anthony & Anna	In Memory of Kalliope Raptis	50.00	
Kayafas, Anthony & Anna	In Memory of Steve Facaros	50.00	
Kayafas, Anthony & Anna	In Memory of Efrosini Batuyios	50.00	
Kayafas, Anthony & Anna	In Memory of Steve Pedos	50.00	
Kayafas, Anthony & Anna	In Memory of Costas Koutsoutis	50.00	
Kayafas, Anthony & Anna	In Memory of Andreas Tsantes	50.00	
			\$350.00

Emergency Medical Fund

Aristedes Phoutrides Chapter #8,	1,736.00		\$1,736.00
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Evangeline Lardas Scholarship Fund

Lardas, Nick & Zoe	In Memory of Caliope Gemelas	100.00	
			\$100.00

General Fund

Arapakis, Elias & Georgann		20.00	
Barlamas, Frank & Constance	In Memory of Caliope Gemelas	50.00	
Burns, William & Jeanne	In Memory of Stavros Pasamihalis	50.00	
Chapter Icaros,	In Memory of Steve Papamichael	100.00	
Charles Matsinger Associates	In Memory of Stavros Pasamihalis	50.00	
Collaros, Fotios & Maria	In Memory of Caliope Gemelas	150.00	
Duncan, Charles & Mary	In Memory of Stavros Pasamihalis	45.00	
Frangos, George & Sophie	In Memory of Stavros Pasamihalis	50.00	
Gotzis, Thomas & Lola	In Memory of Stavros Pasamihalis	40.00	
Hatzinakis, Nikolas	In Memory of Stavros Pasamihalis	100.00	
Hatzinakis, Irini	In Memory of Paraskevi Koutsoutis	50.00	
Horiates, Sofia	In Memory of Stavros Pasamihalis	30.00	
Horiates, Elias & Hrisoula	In Memory of Stavros Pasamihalis	50.00	
Kaczenski, Robert & Demetria	In Memory of Caliope Gemelas	50.00	
Kalogeris, Nicholas & Popie	In Memory of Caliope Gemelas	50.00	
Karras, Mathilda	In Memory of Gus Stefanadis	50.00	
Karras, John	In Memory of Stavros Pasamihalis	50.00	
Karras, John	In Memory of Paraskevi Koutsoutis	50.00	
Kazalas, Angelo & Tula	In Memory of Caliope Gemelas	50.00	
Kokolis, Harry & Kathy	In Memory of Stavros Pasamihalis	100.00	
Kotsogiannis, Nikolas & Dianne		50.00	
Koutoufarris, Simon & Tina	In Memory of Caliope Gemelas	25.00	
Koutsoutis, Angela	In Memory of Stavros Pasamihalis	50.00	
Koutsoutis, Socrates & Anne	In Memory of Stavros Pasamihalis	50.00	
Lardas, Kleanthis & Victoria	In Memory of Christina Koutsouflakis	50.00	
Limberis, Maria	In Memory of Stavros Pasamihalis	50.00	
Lukes, Nick	In Memory of Diana Lardas	100.00	
Mamatas, Mary	In Memory of Caliope Gemelas	30.00	
Mannino and Dr. Mary Frankos, Victor	In Memory of Stavros Pasamihalis	45.00	
Melacrinos, Chris & Joanne	In Memory of Caliope Gemelas	50.00	
Melacrinos, Chris & Joanne	In Memory of Gus Stefanadis	50.00	
Pandeladis, Catherine	In Memory of Caliope Gemelas	50.00	
Pandeladis, Catherine		25.00	
Parianos, Steve & Helen	In Memory of Caliope Gemelas	100.00	

Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Foundation Donations received between March 16, 2015 and June 30, 2015 (continued)

Perkins, Andrea	In Memory of Caliope Gemelas	20.00	
Philippoussis, Nicholas & Argyro	In Memory of Stavros Pasamihalis	25.00	
Pousatis, Thomas & Koula	In Memory of Stavros Pasamihalis	20.00	
Scaros, Nicholas & Kiki	In Memory of Gus Stefanadis	50.00	
Seindanis, Nick & Kiki	In Memory of Stavros Pasamihalis	50.00	
Senior Citizens Club St Thomas Church,	In Memory of Stavros Pasamihalis	100.00	
Senior Citizens Club St. Thomas Church	In Memory of Stavros Pasamihalis	100.00	
Stefanadis, Sonja	In Memory of Gus Stefanadis	200.00	
Tsingelis, Christos & Angela	In Memory of Stavros Pasamihalis	40.00	
Vassilaros, Leonidas & Maria	In Memory of Caliope Gemelas	150.00	
Vassilaros, Leonidas & Maria	In Memory of Christina Koutsouflakis	150.00	
Vassilaros, George & Maria	In Memory of Caliope Gemelas	25.00	
Xenakis, Colleen	In Memory of Caliope Gemelas	25.00	
Xilas, Gus & Argiro	In Memory of Caliope Gemelas	30.00	
			\$2,895.00
George Saffos Scholarship Fund			
Frangos, George & Sophie	In Memory of Costas Koutsoutis	50.00	
Frangos & Tony Bedolla, Konstandina	In Memory of Costas Koutsoutis	100.00	
Karras, John	In Memory of Costas Koutsoutis	100.00	
Scaros, Nicholas & Kiki	In Memory of Costas Koutsoutis and Nicholas Saffos	75.00	
Seindanis, Nick & Kiki	In Memory of Costas Koutsoutis	50.00	
Zaoutis, Elias & Georgia	In Memory of Costas Koutsoutis	50.00	
			\$425.00
Ikaria Magazine Fund			
Scaros, Nicholas & Kiki	In Memory of Stavros Pasamihalis	50.00	
			\$50.00
Kyriaki Speis Doumazios Scholarship Fund			
Katinos, Blanca	In Memory of Costas Koutsoutis	30.00	
Koutsoutis, Angela	In Memory of Costas Koutsoutis	50.00	
Livanos, Stanley & Helen	In Memory of Costas Koutsoutis	50.00	
Nikeas, Maria	In Memory of Costas Koutsoutis	100.00	
Pandeladis, Nickolas & Georgia	In Memory of Costas Koutsoutis	50.00	
Papalas, Zaharias & Lambrini	In Memory of Costas Koutsoutis	100.00	
Seindanis, Fanourios	In Memory of Costas Koutsoutis	50.00	
Tripodes, Tom & Efrosyni	In Memory of Costas Koutsoutis	50.00	
			\$480.00
Old Age Home Fund			
Frangos, George & Sophie	In Memory of Paraskevi Koutsoutis	50.00	
Seindanis, Nick & Kiki	In Memory of Paraskevi Koutsoutis	25.00	
			\$75.00
Scholarship Fund			
Andrews, Alik	In Memory of Diana Lardas	50.00	
Buzzard, Scott & Lori	In Memory of George Chiotis	30.00	
Buzzard, Judy	In Memory of George Chiotis	20.00	
Chapter Icaros,	In Memory of George Chiotis	100.00	
Collaros, Fotios & Maria	In Memory of George Chiotis	50.00	
Ekonomou, Irene	In Memory of Stavros Pasamihalis	20.00	

Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Foundation Donations received between March 16, 2015 and June 30, 2015 (continued)

Fraternal Order of Eagles-1634,	In Memory of George Chiotis	40.00	
Gemellas, Jerry & Litsa	In Memory of George Chiotis	40.00	
Insogna, Gerard	In Memory of George Chiotis	50.00	
Kalogeris, Nicholas & Popie	In Memory of George Chiotis	50.00	
Kazalas, Angelo & Tula	In Memory of George Chiotis	50.00	
Kelly, Peter & Virginia	In Memory of Nicholas Koklanaris	50.00	
Khoury, Gabriel & Lea	In Memory of Diana Lardas	50.00	
Koklanaris, Dr. Nikki	In Memory of George Nicholas Koklanaris and Maria Petsakos Koklanaris	300.00	
Korinthios, John & Toulia	In Memory of Stavros Pasamihalis	20.00	
Kotsagrelis, Michelle	In Memory of George Chiotis	30.00	
Kourouklis, Vasiliki	In Memory of Diana Lardas	50.00	
Lozenski, Jim & Becky	In Memory of George Chiotis	25.00	
Mamatas, Kostantinos	In Memory of George Chiotis	100.00	
Marotto, Lisa	In Memory of George Chiotis	25.00	
Pandeladis, Catherine	In Memory of George Chiotis	50.00	
Pandeladis, Nickolas & Georgia	In Memory of Caliope Gemelas	40.00	
Papanikolaou, Xenophon & Elaine	In Memory of Diana Lardas	100.00	
Papathanasis, Katherine	In Memory of Gus Glaros	100.00	
Pappas, Spiro & Georgia	In Memory of George Chiotis	25.00	
Plutis, Nicholas & Despina	In Memory of George Chiotis	50.00	
Riverside Community Church,	In Memory of George Chiotis	50.00	
Roberts, Zachary	In Memory of George Chiotis	50.00	
Scaros, Nicholas & Kiki	In Memory of Maria Tsantes	25.00	
Tsitlakides, George & Dorothy	In Memory of Pauline Magoulakis	100.00	
Tsounos, Mary	In Memory of Caliope Gemelas	100.00	
V I Chebithes Chapter,		600.00	
Vassilaros, George & Stella	In Memory of Diana Lardas	50.00	
Winkler, Paul & Constance	In Memory of George Chiotis	50.00	
WPIC Comprehensive Recovery Services-Leadership,	In Memory of George Chiotis	40.00	
			\$2,505.00
			Grand Total: \$8,616.00



Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Pan-Icarian Foundation Board of Directors' Meeting
Hosted by V.I. Chebithes Chapter #2
Held at Papa Joe's Restaurant, Akron, OH
Saturday March 21, 2015

Meeting opened at 2:45 pm by Chairman Nikitas Tripodes

Officers present: Dr Nikitas Tripodes, Chairman and Director Dr Stanton Tripodis

Officers absent: Vice Chairman George Horiates and Directors Ellene Tratras Contis and Paul Collaros

Others present: Supreme President Terry Platis; Supreme Vice President George Paralemos; Supreme Treasurer Cathy Pandeladis (via phone connection); Governors Katerina Mavrophilipos, Aspasia Elias, James Lakerdas, Gus Tsambis, Alexandra Katsas; Youth Governor George Karnavas; Athena Tsarnas Pugliese, Steve Stratakos, Dena Tripodes, and officers and members of V.I. Chebithes Chapter #2.

Moment of Silence for Gus Stefanadis

A moment of silence was observed in memory of Past Supreme President and Past Foundation Chairman Gus Stefanadis, who passed away in Clearwater, Florida earlier this week. May his memory be eternal. Αιώνία η μνήμη.

Meeting Format

Chairman Nikitas explained that since a quorum of Foundation officers was not present there would be no voting at this meeting. Reports from absent directors would be presented as well as reviews of the Foundation accounts, activities, and projects.

He thanked all the absent directors for sending in reports. Director Paul Collaros was in Ikaria last November and December and spent a good deal of time researching issues of concern to the Foundation which he detailed in a very thorough and extensive report. Steve Stratakos was present to summarize some of Collaros' findings regarding the Old Age Home and hospital.

Questions and participation from those attending the meeting was encouraged.

Approval of Minutes

The minutes of the previous meeting of November 15, 2014 in New York were corrected to reflect that attorney Michael DeSantis, who was hired by our insurance carrier, played the lead role in representing the Foundation in its recent lawsuit. The corrected minutes were approved.

Finances

As of February 28, 2015 the assets of the Foundation were reported as follows:

Main account	\$3,768,454
Souroumanis Fund	\$959,676
Lacas Fund	\$525,349
Total assets	\$5,253,479

This is an increase of about \$183,987 from the previous month. 65% of our assets are invested in equities, so monthly swings are reflective of the stock market.

Payments

Firefighters' Fund: \$1,500 sent to the Lodge for distribution to Ikaria

Medical assistance for the sick child in Ikaria is wired directly into the mother's bank account as needed.

Insurance for Directors is paid in full to Zurich Insurance.

Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Pan-Icarian Foundation Board of Directors' Meeting
Saturday March 21, 2015
Continued

Fundraising

Christmas appeal: \$8,000 was raised.

Year-round fundraising continues with envelope inserts being placed in each issue of IKARIA Magazine

Donations and Bequests

\$194,000 has been collected so far since the end of the last fiscal year (ending June 30, 2014) from hundreds of individual donations. This includes a recent bequest of \$50,000 that will establish the Anthony and Anna Kayafas Scholarship Fund in a separate account within the Foundation. Other large individual gifts include a \$30,000 graduate scholarship endowment from Nicholas & Jenny Yiakas, \$25,000 for a Greek scholarship endowed by Demetra Tsantes, \$25,000 for a scholarship in memory of Stephen Mavronicolas, \$11,000 proceeds from the 2014 Clearwater convention, and \$10,000 from Gus & Argyro Yiakas for the Gialiskari playground.

By comparison \$84,000 was collected in previous fiscal year from July 1, 2013 to June 30, 2014.

Legal report

George Horiates is working with the attorneys who worked with us in the Souroumanis case to get reimbursement for our expenses.

Medical Assistance Guidelines

Director Dr Stan Tripodis presented some preliminary guidelines that may be used when considering requests for medical assistance. These are subject to further review and refinement.

Hospital

We received a written request from Tilemachos Laitsas, the deputy manager of the hospital in Ikaria to provide a CT scanner. Director Dr Stan Tripodis noted that this is a major expense with the cost of a machine ranging widely from \$55,000 up to over \$300,000. The hospital asked us to contact specific vendors of scanners who could service Ikaria. More research will be conducted into this matter. The hospital should provide the Foundation more information on what they specifically want.

Collaros had inquired about reports that the Niarchos Foundation may provide a scanner for the hospital. The new board of the Niarchos Foundation seems to have lowered the priority of the scanner.

Director Paul Collaros visited Ikaria last year and met with the hospital staff including the administrator who expressed the need for a scanner over any other equipment, including a kidney dialysis or MRI machines. A kidney dialysis machine would benefit only about 14 people and require an increase in staff of at least one nephrologist, as well as the need to treat and sterilize filters and deal with waste disposal. The scanner will help more people and allow for better diagnoses and treatments.

Old Age Home

A report from Director Paul Collaros was discussed. He attended two meetings regarding the home and reports that though it is officially "closed" there are still 6 residents (down from 13 in 2012) cared for by paid and unpaid staff. The home has been banned from accepting new residents by the prosecutor from Samos. At least 15 residents are needed for operating costs to break even otherwise the pensions are not enough to pay the staff. A main topic of continuing discussion is the municipality taking over the home. The Metropolitan had stated that he may accept a transfer of operations but there has been no request from the municipality to do so.

Money sent to Ikaria by the Foundation for the old age home is deposited into an account overseen by members of the local Krikos club of Icarian-Americans. The funds have been used for a variety of repairs and to purchase heating oil. Receipts have been provided to the Foundation and there is still money in the account for future needs.

Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Pan-Icarian Foundation Board of Directors' Meeting
Saturday March 21, 2015
Continued

Storm Relief Project

Director Ellene Contis' report stated that the storm relief project at Karkinagri has been changed; the new proposal calls for building concrete supports on the river banks. The previously proposed bridge was deemed too expensive by the Kavos Papas Syllogos as well as the new Vice Mayor of Ikaria, Sotiris Kochilas. Vice Mayor Kochilas will take the proposal to the Council for approval. Approx \$50,000 has been raised, but will not be disbursed until permits are issued.

Fire Fighting Equipment

Steve Stratakos updated us on the 15 sets of used firefighting gear that was sent to the Magganiti area. The gear is now in the hands of the volunteer firefighters in the area.

Scholarships

Chairman Nikitas clarified the scholarship amounts. At the last convention, a motion was passed to increase undergraduate scholarships from \$1,500 to \$2,000 next year. But since we had sufficient funds on hand, the Foundation decided to increase the amount effective this year. Scholarship applications may be found in the upcoming issue of IKARIA Magazine.

Chairman Nikitas reported that \$25,000 was received to establish a new scholarship for Greek students living outside of Ikaria and Fourni by Demetra Tsantes in memory of her late husband Vasilis Kavarligos. This scholarship is for students living in Athens or elsewhere in Greece who do not attend one of the four high schools on Ikaria or Fourni. A standardized scholarship application form, translated into Greek, has been created by John Tsantes and will be posted online.

Chairman Nikitas again reviewed the ongoing difference of opinion with PNC Bank regarding whether it is appropriate to disburse scholarship awards directly to the students as we have done in the past, or whether awards should be disbursed to the academic institution, which is what the bank prefers. The bank has agreed to issue checks to the students if receipts are provided of their educational expenses

Chairman Nikitas thanked everyone for a fine job.

Meeting adjourned at 3:30 pm

Respectfully submitted by Recording Secretary Dr Stanton Tripodis



Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Pan-Icarian Foundation
Board of Directors' Meeting - Teleconference
Saturday May 16, 2015

Meeting opened at 1:00pm (EST) by Chairman Nikitas Tripodes

All officers participated: Chairman Nikitas Tripodes, Vice Chairman George Horiates ,
Ellene Tratras Contis, Paul Collaros , and Stanton Tripodis

Approval of Minutes

The minutes of the previous meeting of March 21, 2015 in Akron, OH were approved.

Finances

Total assets were reported as follows:

Approximate total assets of all four accounts \$ 5,249,801. This includes the newly established Anthony and Anna Kayafas Scholarship Fund, which will be maintained in a separate account.

For the current fiscal year (July 1, 2014 to present) there has been over \$198,000 in donations.

Legal fees

Vice Chair George Horiates gave a report regarding efforts to recoup legal fees related to the Souroumanis lawsuit from our insurance company. This effort has been going on for a couple of years. George says this will be an uphill battle.

Fundraising

Vice Chair George gave a report regarding fundraising. This led to a discussion on ongoing means of soliciting donations to the Foundation. It was suggested that when a family is considering making a donation in memory of a departed loved one, that the Foundation should communicate with them preferably by face to face visit, or by phone call. And donations need to be publicized in the Magazine. George remarked that it was an unfortunate oversight that there was no mention of the passing of benefactor Nicholas Lacas in the last IKARIA Magazine issue. George will send them a letter.

It was reported that the family of the late Stavros Pasamihalis wants to establish a scholarship in his name. And donations are being accepted in memory of the late Gus Koutsoutis of NY for the George Saffos Scholarship. It was reviewed that to create a scholarship requires \$25,000 for undergraduates and \$30,000 for graduate scholarships.

Hospital in Ikaria

Paul Collaros gave a report. The Hospital is requesting our assistance to obtain a CT scan machine. Initially, we were sent the name of three vendors for CT scanners and were asked to contact them ourselves, but we felt this wasn't the proper way to proceed. Paul has been in contact with Dr John Tripoulas in Ikaria. It is felt that a CT is needed badly, and without it, there's a chance the hospital might have to close. A request was made by the Hospital for assistance from the Niarchos Foundation, and it was reported that they have sent an e-mail reply denying the request. The Foundation discussed that we would like to review the application to the Niarchos Foundation and request a re-submission.

George Horiates reported that another potential source for assistance is the Nick and Athena Karabots Foundation.

Old Age Home

Paul Collaros gave a report. The Old Age Home is officially closed, but it still has 6 residents who are cared for by volunteers. The Metropolitan apparently would like to see the Home closed. The Greek Government apparently doesn't have the money to take it over.

The Pan-Icarian Foundation has sent \$30,000 last year for repairs, which hasn't all been spent yet.

About 5 years ago the Foundation sent \$100,000 from the Souroumanis bequest to an Alfa Bank account for the benefit of the Old Age Home. The Bishop overseeing the Home has only used approximately \$30,000 of these funds leaving a balance of over \$70,000 still available.

Receipts have been received from recent expenditures for repairs and maintenance of the Home.

Pan-Icarian Foundation
Board of Directors' Meeting - Teleconference of Saturday May 16, 2015
Continued

Scholarships

The Vasilios Kavarligos Scholarship has been established to help students living in Greece outside Ikaria or Fourni who would otherwise not have access to the other Foundation scholarships. We discussed how to publicize the application – preferably on the ikariamag.gr website or other general websites. Nina Contis will post the application online.

Medical Assistance Guidelines

Dr. Stan Tripodis presented some preliminary guidelines that may be used when considering requests for medical assistance. These are subject to further review and refinement.

- Requests for medical assistance should be submitted in writing.
- Medical information, letters from treating physicians, etc., shall be made available to the Foundation to review upon request.
- First priority shall be given to those patients who are unable to receive the necessary treatment without financial assistance.
- The party or parties making a request for assistance are expected to have pursued other channels for assistance before making a request to the Foundation.
- The Foundation shall be considered a resource of last resort for medical assistance requests.

The child with the rare metabolic disease continues to receive treatment. He travels to Athens with his mother 1 week of every month. The Foundation has given Eu. 7,000 so far. We discussed that for our records, we would like to receive some sort of statement of the family's expenses.

A number of requests have come to the Foundation regarding the plight of a young Ikarian man who needs assistance to save the sight in his one good eye following a horrific motorcycle accident. The ocular repairs cannot be done in Greece and medical contacts have been made in the US. Chairman Nikitas asked Stan Tripodis to be the Foundation's representative to deal with this case and to pursue other appropriate treatment venues closer to Greece as well.

Update on other Projects

\$1500 was sent by the Foundation to the Supreme lodge to help with their fundraising efforts for the purchase a fire-fighting vehicle for Ikaria.

Nina Contis reported that the \$50,000 in Foundation funds earmarked for Karkinagri storm relief are on hold awaiting proper permits for whichever project is finally chosen by the local committee.

Meeting adjourned 2:25 pm.

Respectfully submitted by Recording Secretary Dr Stanton Tripodis





PIB NATIONAL CONVENTION 2015 - EVENT HIGHLIGHTS

FRIDAY, SEPTEMBER 4, 2015

WELCOME RECEPTION. We start off the weekend with an event to kick-off our 2015 National Convention. Included in the activities will be the formation of chapters, salute to veterans, dance troupe, opening of the archives, and a reception with a light buffet, cash bar, music featuring a female violinist, and dancing. Begins at 6:00pm in Kings Garden 4 & 5.

BAR CRAWL (ages 21+). Get a gang of friends together for a fun night on the town! For more information, contact Connie Barlammas at cbarlammas@gmail.com or 724-624-1993.

SATURDAY, SEPTEMBER 5, 2015



SWEETHEART LUNCHEON w/DIANE KOCHILAS. We have a very special luncheon planned, recognizing outstanding women within the Pan-Icarian community, and we are happy to confirm that Chef & Author Diane Kochilas will be our guest speaker. Afterwards, there will be a book signing of Diane's latest publication *Ikaria: Lessons on Food, Life and Longevity* (a portion of the proceeds will benefit the PIB). From Noon-2:00pm in Kings Garden 4 & 5.

BASILE COMEDY SHOW (ages 13+). Basile never fails to make us laugh with stories of growing up Greek in America, with an Ikarian twist. Join us for this special show, which includes a glass of sangria! From 7:00-8:00pm in Ballroom 1.



SATURDAY NIGHT DANCE. Music provided by The Ormi Orchestra with the talented Peter Karnavas on viola. Wyndham Ballroom. Begins at 9:00pm.

SUNDAY, SEPTEMBER 6, 2015

CHURCH SERVICE from 9:00-11:00am in Wyndham Ballroom. Fellowship/Coffee Hour after Service.

ADULT SUPERVISED YOUTH BANQUET (potty-trained to age 11). We have a great adult-supervised, interactive banquet planned for our children. From 5:30-9:30pm in Kings Garden 4 & 5.

SUNDAY NIGHT GRAND BANQUET & DANCE. We have a very special banquet planned as we Celebrate Women and hope you will join us for this special event! Times: 5:30-6:30pm - Cocktails (Cash Bar) and hors d'oeuvres; Grand Banquet - 6:30-9:30pm; Dance - 9:30pm. Wyndham Ballroom.

NOTE: TICKETS FOR THESE AND OTHER EVENTS ARE AVAILABLE: (1) BY FILLING OUT THE ORDER FORM IN THIS ISSUE; (2) ONLINE AT WWW.PIB2015.COM; and (3) AT THE TICKET SALES TABLE AT THE WYNDHAM HOTEL.



2015 NATIONAL CONVENTION ~ CELEBRATING WOMEN
SEPTEMBER 4-7, 2015
WYNDHAM GRAND PITTSBURGH DOWNTOWN

PRE-PURCHASE PACKAGES & EVENT TICKETS

SATURDAY ONLY EVENTS PACKAGE ~ \$75 (savings of \$15.00)

Includes: (1) Sweetheart Luncheon w/Guest Speaker Diane Kochilas at Noon; (2) Basile Comedy Show w/glass of sangria at 7:00pm; (3) Dance at 9:00pm.

DELUXE PACKAGE ~ \$170 (savings of \$15.00)

Includes: (1) Saturday Sweetheart Luncheon w/Guest Speaker Diane Kochilas at Noon; (2) Saturday Basile Comedy Show w/glass of sangria at 7:00pm; (3) Saturday Dance at 9:00pm; (4) Sunday Grand Banquet & Ball (5:30pm cocktails/cash bar & hors d'oeuvres, 6:30pm dinner, 9:30pm dance).

DANCES ONLY PACKAGE ~ \$45 (savings of \$10.00)

Includes: (1) Saturday Dance at 9:00pm; (2) Sunday Dance at 9:30pm.

EVENT 1 ~ \$45

SWEETHEART LUNCHEON W/GUEST SPEAKER DIANE KOCHILAS ~ SATURDAY, SEPTEMBER 5, NOON
We have a very special luncheon planned, recognizing outstanding women within the Pan-Icarian community, and we are happy to confirm that Chef & Author Diane Kochilas will be our guest speaker. Afterwards, there will be a book signing of Diane's latest publication *Ikaria: Lessons on Food, Life and Longevity*. You won't want to miss it!

EVENT 2 ~ \$20

BASILE COMEDY SHOW (ages 13+) ~ SATURDAY, SEPTEMBER 5, 7:00pm
Basile never fails to make us laugh with stories of growing up Greek in America, with an Ikarian twist.
Show includes a glass of sangria!

EVENT 3 ~ \$20 (\$25 at door)

DANCE ~ SATURDAY, SEPTEMBER 5, 9:00pm
Ikariotiko marathons await, with music by The Ormi Orchestra, featuring Peter Karnavas on violi.

EVENT 4 ~ \$95

GRAND BANQUET & BALL ~ SUNDAY, SEPTEMBER 6
Cocktails (cash bar) & hors d'oeuvres 5:30-6:30pm | Banquet 6:30-9:30pm | Dance 9:30pm
Space is limited. Reserve your seat now for what is sure to be a memorable event, as we Celebrate Women!

EVENT 5 ~ \$25

YOUTH BANQUET (potty-trained to age 11) ~ SUNDAY, SEPTEMBER 6, 5:30-9:30pm
We have a great adult-supervised, interactive banquet planned for our children.

EVENT 6 ~ \$25 (\$30 at door)

DANCE ~ SUNDAY, SEPTEMBER 6, 9:30pm
Ikariotiko marathons await, with music by The Ormi Orchestra, featuring Peter Karnavas on violi.

SEE ORDER FORM FOR THESE EVENTS

PIB NATIONAL CONVENTION 2015

ORDER FORM

Name:

Address Line 1:

Address Line 2:

Telephone:

Email:

Make selection, indicate # packages/tickets needed & total amount due	# Packages / Tickets	Total Due US\$
SATURDAY ONLY EVENTS - \$75.00 per package		
DELUXE - \$170.00 per package		
DANCES ONLY - \$45.00 per package		
EVENT 1: Sweetheart Luncheon - \$45 per ticket		
EVENT 2: Basile Comedy Show w/glass of sangria - \$20 per ticket		
EVENT 3: Saturday Dance - \$20.00 per ticket*		
EVENT 4: Grand Banquet & Ball - \$95 per ticket**		
EVENT 5: Youth Banquet - \$25 per ticket		
EVENT 6: Sunday Dance - \$25 per ticket*		
Grand Total Due (US\$)		\$

Name:

Address Line 1:

Address Line 2:

Telephone:

Email:

Make selection, indicate # packages/tickets needed & total amount due	# Packages / Tickets	Total Due US\$
SATURDAY ONLY EVENTS - \$75.00 per package		
DELUXE - \$170.00 per package		
DANCES ONLY - \$45.00 per package		
EVENT 1: Sweetheart Luncheon - \$45 per ticket		
EVENT 2: Basile Comedy Show w/glass of sangria - \$20 per ticket		
EVENT 3: Saturday Dance - \$20.00 per ticket*		
EVENT 4: Grand Banquet & Ball - \$95 per ticket**		
EVENT 5: Youth Banquet - \$25 per ticket		
EVENT 6: Sunday Dance - \$25 per ticket*		
Grand Total Due (US\$)		\$

*Discounted dance pricing will be offered for youth 20 and under at the door. Children 5 and under are free.

** If you require a vegetarian meal, contact Banquet Committee Co-Chair Dianna Wyrick at diwy@comcast.net

Pre-purchase packages and event tickets will be held in your name at the ticket sales table located in the Ballroom Foyer. Please plan to pick-up at least one hour prior to event time.

PAYMENT INFORMATION

MAKE CHECK (US\$) PAYABLE TO: Pan-Icarian Brotherhood of America. If you require an order confirmation, you MUST include an email address. PAYMENT DEADLINE: August 21, 2015

MAIL COMPLETED FORM & CHECK TO: Elaine Aivaliotis, 721 Eighth Street, Oakmont, PA 15139 USA

If you have questions, please contact Elaine Aivaliotis at 412-828-4947 or mavalotis@hotmail.com

SHOP ONLINE! Pre-purchase of Packages and Event Tickets also available for credit card purchase ONLINE at our Website <http://pib2015.com> The online shopping cart CLOSSES SEPTEMBER 3, 2015 AT MIDNIGHT!

We accept VISA, MASTERCARD, DISCOVER, and AMERICAN EXPRESS

Pan-Icarian Brotherhood of America "Icaros"
PAN-ICARIAN FOUNDATION OF AMERICA

Georgia Pandeladis - Scholarship Chair
Pan-Icarian Foundation
Post Office Box 79037
Pittsburgh, PA 15216-0037

Dear Ms. Pandeladis,

Enclosed is a donation in memory of my sweet uncle, Nick Koklanaris. The Pan-Icarian scholarship fund combines two of his great loves, Icaria and learning. During my last visit to Detroit he recalled studying alongside his mother, Maria Petsakos Koklanaris, during the German occupation - "we learned together." He went from studying by the light of the Icarian moon to becoming an electrical engineer. His professional contributions are remembered with respect and affection by his colleagues, many of whom considered him a mentor. He and his beloved wife Alexa transmitted a love of learning to their children George, an attorney, and MaryAnn, a nurse. His last weekend was spent seeing his oldest grandchild, Alexa Loufman, graduate from college with honors.

Uncle Nick was such a joyful person that it was easy to forget his powerful intelligence. But he was that rarest of creatures - a happy scholar. Along with this donation comes the advice that Uncle Nick would share with his family during our own academic careers: "First you must study, then study, then study some more!"

In gratitude for my tremendous family,

Nikki Koklanaris, MD





2015 NATIONAL CONVENTION ~ CELEBRATING WOMEN
SEPTEMBER 4-7, 2015
WYNDHAM GRAND PITTSBURGH DOWNTOWN

The 2015 National Convention is just around the corner!

BOOK YOUR ROOM!

The host hotel for the 2015 Convention is the Wyndham Grand Pittsburgh Downtown (600 Commonwealth Place, Pittsburgh, PA 15222). The nightly room rate is only \$99, and we expect our room block to sell out. Reservations can be made online at www.pib2015.com, or by calling 412-391-4600 #1 (Wyndham central reservation) or 412-391-4600 #0 (Wyndham Grand Pittsburgh). Ask for the Pan-Icarian Brotherhood block.

The overflow hotel is the Pittsburgh Marriott City Center (112 Washington Place, Pittsburgh, PA 15219), with a nightly room rate of \$119. Reservations can be made online at www.pib2015.com, or by calling 877-645-3553 or 412-471-4000. Ask for the Pan-Icarian Brotherhood Convention 2015.

PLAN AHEAD!

Many events are available for pre-purchase at discounted prices. See the events pre-purchase order form in this issue, or visit our website at www.pib2015.com to purchase online.

Finally, we'd like to congratulate the winners of our 2015 Convention raffle - Nick Raptis (First Prize), PSP Mike Aivaliotis (Second Prize), and Ronnie Stambolis (Third Prize).

If you have any questions or concerns, please feel free to contact us.

We look forward to seeing you all very soon!

Sophia Facaros
PIB2015 Co-Chair
Home: 412-828-1833;
Cell 412-370-9735
Email: facarosfamily@gmail.com

Joanne Melacrinos
PIB2015 Co-Chair
Home: 412-563-4609;
Cell: 412-400-4607
Email: JLM563@aol.com

Factors Linked to Life Longevity on the Island of Ikaria and Elsewhere. John Chrysochoos, Ph.D.

Very brief extract from the author's recent nonfiction book LONGEVITY (2015).

Several studies carried out by a number of institutions and groups of scientists have attempted to identify possible factors linked to life longevity. Many of such studies are phenomenological, checking the lifestyles of healthy octogenarians, nonagenarians and centenarians. Their results, however, vary considerably from region to region because there are so many other subtle factors that may be contributing to life longevity, factors which are not easily quantified. Although genetics definitely play a significant role to longevity, there is no doubt that lifestyle may represent an equal, if not greater, factor affecting life longevity. Lifestyle is, unfortunately, such a gray area, differing from region to region, even from person to person in the same region, to the extent that any attempt to quantify its impact on longevity may be met with rather limited success. Nonetheless, The National Geographic Explorer with Dan Buettner and an international team of researchers have identified five regions in the world rumored to contain an unusually large percentage of healthy octogenarians, nonagenarians and centenarians. Such areas labeled Blue Zones are: Okinawa in Japan, Nicoya in Costa Rica, Loma Linda in California, Sardinia in the Mediterranean Sea, and the Greek island of Ikaria in the Aegean Sea, the author's birthplace.

On the island of Ikaria the researchers have traced some common traits leading to longevity, linked to the diet, lifestyle and sleeping habits of the inhabitants. Their findings gained great publicity in 2009 when CNN reporter Anderson Cooper presented a series of reports on Ikaria. In spite of those observations, however, there is no doubt that some other very subtle factors may affect life longevity in Ikaria even more profoundly. One such factor may be linked to the so-called "Ikarian Time." Scheduling an event on the island of Ikaria at a fixed time and observing its timing faithfully is totally inconceivable. Guests used to come and go as they pleased. There was no such a thing as an invitation list; everyone was welcome. There was always plenty of food, plenty of drinks, and endless entertainment for everyone, regardless of whether he or she had arrived early or late. Although such an attitude would have been viewed as very rude everywhere in the world, many Ikarians do not view it that way; it is considered as quite natural. It is linked to the Ikarian mentality that no matter how urgent a task is, it is never too late to take care of it. Tomorrow is another day. In all fairness, such an attitude does not imply that Ikarians were lazy per se. They simply carried out their everyday tasks and activities in their own way. Although for many Ikarians day activities used to start very early in the morning, not later than 6.00 am, and they used to involve walking up and down hills for 4-5 hours every day, irrigating their gardens, harvesting vegetables and fruit, gathering greens and taking care of their domestic animals, they were never in a hurry. Why worry if you did not complete a certain chore on time; tomorrow is another day. Life was to be enjoyed rather than linked to anxiety!

Although the type of lifestyle that has become more prevalent nowadays on Ikaria involves considerable dependence on cars, motorcycles, fast and processed food and unfortunately reduced physical activity, there are still individuals living in remote areas of the island... who continue to observe the lifestyle of the past, spending a considerable part of their time every day carrying out chores linked to horticulture, agriculture, animal husbandry, viticulture and apiculture. Although different diets and different lifestyles may appear to be contributing factors to life longevity in different Blue Zones visited... most of them appeared to live in close-knit extended families, they were active members of such families, and they enjoyed socializing. In other words, just living a long life is not particularly important if you do not enjoy and appreciate it. Life needs to be meaningful, enjoyable, and full! A lot has been written regarding the diet of those healthy elderly.. there appears to be much more to longevity than diet. Much has also been written regarding the role of anti-oxidants in the diet of people living in Blue Zones... a very common ingredient in the diet of Ikarians is the so-called "mountain tea" or sage (flaskomilia), a type of mint tea (fliskouni), and sometimes wild-grown dandelion leaves; they are all very rich in anti-oxidants. In addition, a lot of wild-grown dark green vegetables (horta) used in the Ikarian diet are also rich in anti-oxidants. This type of diet, together with legumes, nuts, olive oil and local honey appear to play some significant role in healthy aging on Ikaria.

The weather is unquestionably another important factor regarding life longevity. People in all Blue Zones enjoy sunshine for about 8 months per year... working outdoors several hours per day, enhancing production of Vitamin D... people who have been exposed to the sun most of the year appear to be somewhat protected. Obviously, in the absence of appropriate protection against the ultraviolet light, people tend to develop extensive wrinkles on their faces. This seems to be a common feature of several nonagenarians and centenarians in the Blue Zones.

The author can be reached at: jchryso@utnet.utoledo.edu (office) and janda@bex.net (home). LONGEVITY is available online at Amazon, www.rosedogbookstore.com, and elsewhere.

Pan Icarian Brotherhood of America "Icaros"
ICARIAN SPOTLIGHT

If you've been in the airport on Ikaria you have likely noticed the statue of Icarus created by *John Houtrides*. What you may not know is the study, time and attention to detail that went into sculpting this work representing something near and dear to Ikarians.

Houtrides was born in Plagia and soon after his family immigrated to New York City. Although his artistic talent was apparent at an early age, John didn't focus on his craft full-time until retiring and relocating to Florida.

His first artistic passion is birds, many of which he has sculpted of clay or wood.



The birds were carved of wood and hand-painted. The feathers on the wings of the eagle were individually carved and attached.

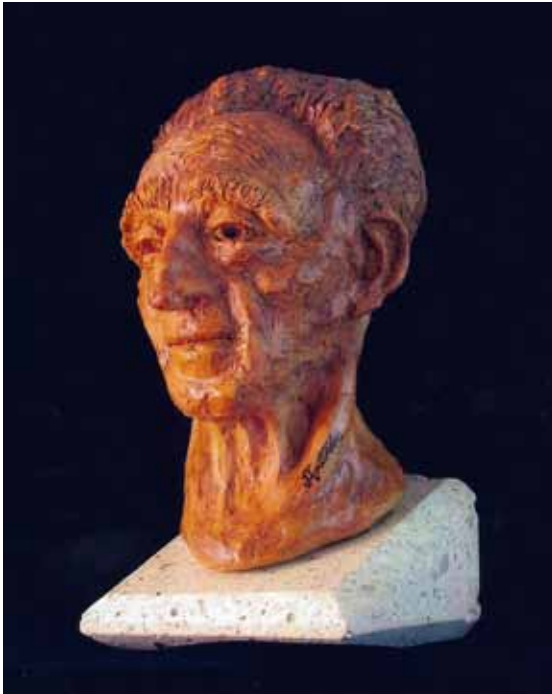


John's first full human figure was Icarus now installed at the Ikarian airport to commemorate the 100th anniversary of the Pan-Icarian Brotherhood of America. The body was first sculpted in clay and used as a mold for the bronze cast. For the wings he spent more than four months carving each feather in wood to make the molds for casting and attached each separately.



Pan Icarian Brotherhood of America "Icaros"
ICARIAN SPOTLIGHT

Before moving on to human forms Houtrides studied anatomy for two semesters at college in Sarasota. Wooden busts of his parents were first sculpted in clay then carved of wood. Below is the bust of his father.



(left)
Icarus Fallen

Icarus
 in-process;
 sculpted
 clay figure
 for casting
 mold



Mr. Houtrides recently completed the full-figure Icarus shown here for installation in the new clubhouse of Helios Chapter 19. A smaller Icarus sculpture he had previously donated suffered damage during the fire that destroyed the original building. Mr. Houtrides and PSP John Sakoutis donated this sculpture to Chapter Helios. Its members greatly appreciate it and are proud to be caretakers for such a meaningful and beautiful work.

Icarus in
 bronze;
 the
 finished
 work for
 Helios
 Chapter



Hello Brothers & Sisters! It is officially summer in Akron, Ohio and our chapter has been busy this season. Lots to report!

In March our members gathered for our Annual Membership Luncheon and kicked-off 2015 by collecting dues and getting a budget in order for this year. New officers were elected; President Evangelia Spithas Fresty, Vice-President Nick Manolis, and Secretary Andrea Utrup, but we are still searching for a member to fill our Treasurer's seat. Our past treasurer, Nick Rodites, will be moving to South Carolina with his lovely wife Priscilla. We'll miss them dearly...best of luck in your new home!



Cousins Stephanie King and Anna Maria Wells with some of their beautiful children.



Later in the evening many attended the Annual Greek Independence Day Dance hosted by our neighbor chapter Pharos in Cleveland, Ohio. Always a wonderful time!

In June we gathered again at the home of Argie Spithas-Miner and Larry Miner for our annual Lamb Roast & Panygiri! A beautiful day and amazing Ikarian recipes made for a wonderful time. Ikarians of all ages played, danced, ate and drank. It's truly a blessing to see the youngest and oldest members enjoying this event!

Over March 25th weekend our chapter was honored to host a national lodge meeting. We welcomed many national lodge and foundation members and many of our local members participated in the afternoon's meetings.

Akron native Connie (Chibis) Manolis with her Aunt Srah Chibis



We are looking forward to our annual meeting at Wolf Creek winery in late August and of course to seeing extended family and friend this Labor Day in Pittsburgh. We have our hotel rooms reserved!



Greetings from the Members of Cleveland Chapter Pharos. Hoping everyone is enjoying their summer.

At our monthly meeting in May, the Chapter hosted a loucoumades to raise money to bring back the Elgin Marbles to Greece. It was very well attended and the loucoumades made by our own Eleftheria Tsantes were delicious.

Congratulations to our recent graduates!!



Erini D Poulos.
Daughter of Demetri
and Diamanta Poulos.
Granddaughter of John
and Polyxeni Safos (of
Cleveland) and
Theodore and Erini
Poulos (of New Jersey).
Erini plans to pursue
a bachelor's degree in
nursing.



Jaelah Dye graduated from James Ford Rhodes High School in Cleveland Ohio. She is the daughter of Katerina Parianos and James Dye and Granddaughter of George and Maria Parianos. Jaelah graduated with honors, received All Star Awards in basketball, softball, and volleyball. She will be attending Lakeland College on a basketball scholarship and is pursuing a degree in sports medicine.

Graduate Alexandre N. Pipinias. Son of Stephan and Koula Pipinias. Grandson of Alexandros and Fani Bratsis.



Kai s'anoteria paidia!!

Congratulations to Efrossini (Tripodis) and Shelton Richardson who were married on June 6, 2015. Efrossini is the daughter of John Tripodis and Maria Tripodis.



We were saddened by the loss of one of our long time members, Mr. Kostas Krokos. May his memory be eternal.

Our members are preparing for our annual picnic to be held on August 16th at St. Sava Picnic Grove in North Royalton, OH. Hope to see you there.

We are looking forward to a very successful convention in Pittsburgh.

Submitted by
Maria Tripodis

Greetings to all from Warren, Ohio's Daedalos Chapter #4.

We are gearing up for our first panayriti on September 19th at the St. Demetrios Banquet Center at 3223 Atlantic St NE, Warren, OH, 44483 at 6pm. There will be plenty of food and music. Please join us if you can!!! We are also gearing up for our picnic in July and our first Halloween bonfire.

We hosted a Greek Night in April. The band from Cleveland got everyone out of their seat and we also had Pittsburgh's own Victoria Mavrogeorgis on the violin!



We also hosted a bake sale during our church's coffee hour where everyone pitched in to bake their favorite recipe. A portion of the proceeds were donated to the church.



We would like congratulate Peter and Liberty Mitchell of Warren on their 67th wedding anniversary.

Pete Mitchell and Liberty Foundoulis were married on June 6, 1948 at St. Demetrios Church in Warren, OH.

Pete is from Missouri and Liberty is from Warren and they by chance happened to meet at a diner in California where Pete was working and Liberty was visiting. Sycharitiria!!!

May 20, 2015: Hellenic Studies Scholarship

Vice President Gus J. Tsahas presented on behalf of our organization a Hellenic Studies Scholarship at Queens College, for one of the top students who excelled in the program.

June 14, 2015: Ikarian Cookout

We had an Ikarian BBQ. It was a great event with many of our members and their children enjoying a fun filled afternoon and evening.



July 12, 2015: Ikarian Independence Celebration

To commemorate the Independence Day of Ikaria- July 17, 1912, our chapter held a memorial service at the Transfiguration of Christ Greek Orthodox Church. Following the service, breakfast and refreshments were served in the community room of the church.





Pan-Icarian Convention-NY 2016
September 2–5, 2016
Sheraton New York Times Square Hotel

Greetings from the Big Apple! It is with great pleasure that we will be hosting the Annual Pan-Icarian Convention in New York during Labor Day weekend in 2016.

We promise to make your New York experience a memorable one. There will be true Icarian “glendi”, warm Icarian-style hospitality, and countless cultural and historical attractions for you to visit during your stay in the Big Apple.

Zoe Yvonne Locasio, daughter of Alan and Joyce (Collaros) Locascio graduated Summa Cum Laude from Baldwin Wallace University, in Berea Ohio. The Doliche #6 of Steubenville is their hometown Chapter. Zoe's grandparents were the late Stephen and Mary (Manuras) Collaros.

She now has her Bachelor of Science in Psychology and also a double minor in Biology and Neuroscience. Zoe's honors include The Dayton C. Miller Honor Society, PSI CHI International Hontor Society, Semester at Sea, NU RHO PSI National Hontor Society, PI GAMMA MU International Hontor Society, and ALPHA LAMBDA DELTA National Hontor Society.

Zoe has been accepted to her Masters Program for grad school and is currently attending The University of Pittsburgh for Occupational Therapy. Zoe is a member of Holy Trinity Greek Orthodox Church in Steubenville, Ohio.



Chapter Icaros continues to meet the first Sunday of each month. Our discussions include event planning, hall maintenance, and decisions on charitable donations.

Recent events included a spaghetti dinner on April 26, 2015, organized by our youth; and our annual Memorial Weekend Mini Convention, which included the Manners Golf Outing on May 23, 2015 and our Big Glendi on May 24, 2015. It was another successful weekend, thanks to our membership!





Congratulations go out to:

Kara and Nick Champagne on the birth of their son Zachary Nicholas, born April 7, 2015.

Alexa Kalogeris, 2015 graduate of Bethel Park High School.

Athena Kalogeris, 2015 graduate of Bethel Park High School.

Zachary Moore, 2015 graduate of Canon McMillan High School.

Kassianna Politis, 2015 graduate of Peters Township High School.

Irene Xenakis, 2015 graduate of Brashear High School.

We were greatly saddened by the deaths of George Chiotis and Steve Papamichael, who were great supporters of our chapter and always available to lend a helping hand. May their memory be eternal.

We look forward to hosting you all at the 2015 National Convention over Labor Day Weekend!

Submitted by Chapter Icaros Secretary Anna Aivaliotis



Nicholas Anthony Skezas graduated from Duquesne University School of Pharmacy with a Doctor of Pharmacy degree. He will begin a pharmacy residency as a PGY-1 Pharmacy Practice resident at UPMC McKeesport Hospital. Nicholas is the son of Jacob and Rula Skezas. He is the grandson of Fifi and the late Nicholas J. Skezas, and Anthony and Helen Stratigos.



Eleni Fotini Skezas is a magna cum laude graduate from West Virginia University's Reed College of Media. She will continue her education at Duquesne University School of Law. Eleni is the daughter of Jacob and Rula Skezas. She is the granddaughter of Fifi and the late Nicholas J. Skezas and Anthony and Helen Stratigos.

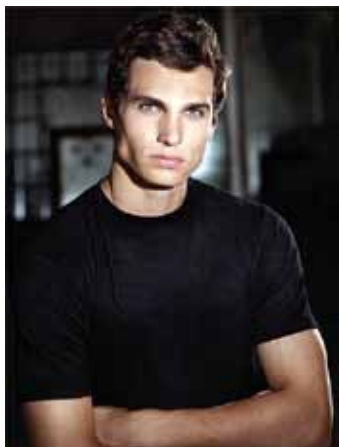


Athena and Alexa Kalogeris graduated from Bethel Park High School.

Athena will be attending Edinboro University of Pennsylvania where she will be majoring in Nursing.

Alexa will be attending Slippery Rock University of Pennsylvania, where she will be dual majoring in Early Childhood Education and Special Education.

Hello to everyone from Detroit, we hope you are enjoying your summer. This year we have two high school graduates that we would like to recognize.



First, **Jack Blumberg**, the son of Bob Blumberg and Alayne Batsakes has graduated from Cranbrook Academy in Bloomfield Hills. Jack is the grandson of Kay Batsakes and the great grandson of one of our Past Supreme Presidents, John A. Papalas. Jack is

a gifted athlete who was on the varsity hockey team and varsity lacrosse, both teams winning the state championship for his school's division. He has been accepted to the University of Michigan for the fall term, but he may defer his enrollment for a short time to play junior hockey.

Nicholas Zoccola, who is the son of Nicholas and Kathy Tsouris Zoccola and the great grandson of another Past Supreme President, Nick Tsouris, has also graduated from Groves High School in Birmingham. Nick will be staying in the Detroit area to attend college, and will also be studying to obtain his real estate license. We wish both of these young men the best.

We participated in the annual Greek Independence Parade in Greektown.



Our macaronada was held on April 21st and as usual, was well attended.



John Mourselas, Rita, Gus, and Stephanie Charnas



Toula, George, and Nick Koklanaris



*Mary Papalas and her grandchildren;
Dominick Concessi,
Ernie and Alan Gillard*



Christopher and Laura Papalas



Carol and Kosta Hardaloupas, and John Lygizos



Toula Moraitis, Nota Harris, and Alesia Grinstead



*3 generations; Kaitijane Blumberg, Alayne Batsakes,
and Kay Batsakes*

As you probably know by now we have lost our dear Nick Koklanaris. It was unexpected and heartbreaking. Nick was a devoted and much-loved member of our Ikarian community and he always inspired us about our heritage. May his memory be eternal.

Our picnic at Lake Erie Metropark is scheduled for July 19th, not the 12th as stated in the last issue.

Have a wonderful and safe summer and see you in Pittsburgh.

Submitted by Kathy Papalas Mourselas

The long hot days of summer have arrived. Our chapter has been busy. We had a spaghetti scholarship fundraiser luncheon in April, with much success.

May was our annual St. Nicholas Greek Festival with many of our Icarians coming out to help.



In July we have our annual memorial service and coffee hour in memory of our departed members.

Congratulations to Stephanie & Graham Harrill on the baptism of their son, Lukas Jordan. Happy retirement to George Brunetti who retired after 30+ years of teaching elementary school.

Our high school graduates are Maria Poulos, daughter of John & Athena Poulos, and Avery Saffo, son of Nick and Tia Saffo. We wish them success in college.

Our sympathy to Harry, Louie, and Bill Batuyios on the passing of their mother, Frances Fronista Batuyios, and to Dr. Emmanuel Koklanaris on the passing of his brother, Nick. May their memories be eternal!

Many of members will be in Ikaria this summer. We wish them safe travels and a happy summer. We look forward to seeing all of our friends in family in Pittsburgh soon!

Sincerely,
Kay Saffo Skandalakis



Greetings to our fellow Pan Icarians. Although we love living in beautiful California, we wouldn't mind if the rest of you could share some of your water with us! In times like this, with crisis and crazy weather conditions throughout the world, we have to remind ourselves that it could be worse. Every day is a gift from God and we thank HIM for it. Our chapter of close friends and families is still moving along. With new careers, marriages, and the demands of modern life, it's getting harder to remain committed to groups like Lychnos. If it wasn't for the love of each other and our Ikaria we would be long gone. It's not only US that stays committed but also our local friends wjp still recognize us for having the BEST parties around.

Our chapter hosted our "not so" annual dinner dance at St Demetrios Church in Concord, California. The hall



Paul Tsampis, "Zitta", Chrysula Tsampis, Stella Bratsis, Maria Zapantis, Alexandra Hatzistratis



Kosta Kratsas (Amalou/Karkinagri), George Kouloulis (Karkinagri/Pezi), Fotis Hatzistratis (Thessaloniki)

maxes at 120 people but we managed to squeeze an extra 5 in! Our guests loved the home made katsikosoupa, rib

eye steak, and fixings. We could have danced all night but had to turn up the lights at 2:00 to prep the hall for Sunday coffee hour.

Congratulations to two of our graduates!

Andreana Zoe Rocha, daughter of Denise Facaros and grand daughter of Steve and Maria Facaros, graduated with High Honors and received her Master's in Public Policy and Administration from California State University, Long Beach. Andreana has recently moved to Kirkland, Washington, and has secured a position as Strategic Analyst with the State of Washington! She thanks the Brotherhood for scholarships received during her student career.



Christopher Alexander Hatzistratis graduated from San Francisco State University in May 2015. Commencement was held at AT&T Park. Chris was on the Dean's List and received his Bachelor of Science from the Business College majoring in Business Management. Chris is very grateful to the Pan Icarian Brotherhood for giving him an academic scholarship during his studies at San Francisco State University





Stephan and Dori (Scaros) Pappas are proud to announce that their son, Dale (Dionysios), has completed his 1-year Post-Baccalaureate Fellowship in Athens, Greece, and will be attending the University of Miami in the fall to begin his studies for a Ph.D. in History.

Their daughter, Kali, graduated Upper Darby High School and will be attending American University in Washington, DC in the fall where she will major in Communications.

They are the grandchildren of Nicholas and Kiki Scaros of Medford, NY, and the late Maria Pappas.



OINOE

SOUTHERN CALIFORNIA #14

Just like all chapters, Chapter Oinoe has been busy with graduations, celebrations and events to welcome Summer!

On May 2, 2015, the chapter held its 3rd Annual Jim & Bessie Bornino Memorial Day at the Races at beautiful

Santa Anita Park. The event took place on Kentucky Derby day at the park and it was great to see all of our members in attendance. Chapter Oinoe sponsored Race 2 and watched Hug and a Kiss come in 1st Place as the Chapter cheered on their favorite horse.



Katerina & Dimitra Gittings, Zoi and Ariana Yiakas had a great time seeing the horses.

Peter James along with classmates Jimmy and Christopher Spears wowed the audience at Lincoln Elementary's Annual Talent Show with their amazing Greek Dance Moves. Opa, Peter!



Kalli Saphos graduated from Drexel University in Philadelphia this past June with a Bachelor of Science in Fashion Design, and will be starting to work at Macy's Headquarters in Manhattan as an Assistant CAD Designer, which is a print designer for the Style & Company Brand. Congratulations Kalli!



Congratulations to *Sophia Anna James* who gave the Promotion Speech for her 8th grade class at Woodrow Wilson Middle School June 3, 2015.



Kali tichi in High School in the fall Sophia!

Congratulations to Past-President *Nicolas James* who was honored at his school site Lincoln Elementary in



LaCrescenta, CA with the 2015 "Teacher of the Year" award. He was driven around his school track in a Glendale Police Van accompanied by his family with his students cheering him on!

Chapter Oinoe President *Bryan Gittings*, originally from Baltimore, lived out his childhood dream of playing for the Baltimore Orioles. Bryan participated in the Orioles 2015 Dream Week and had a chance to play in the Reunion game at Camden Yards on June 6.



We wish everyone an enjoyable summer and look forward to seeing everyone in Pittsburgh!

Back Row L - R:
Nico Moraitis,
Dessine Fricioni,
Marino Moraitis
(Treasurer), Jackie
Moraitis (Presi-
dent), Tom Mi-
chaelides, Jackie
Michaelides, Nikki
Mercier (Vice
President), George
Pardos, Demi
Pardos, Deloris Ke-
falos, Gus Kefalos



Front Row L-R: Flora "fifi" Fronista-Schoener, Karen Heinrichs, Sylvia Fronista, Argiro Fronista-Williams, Dr. Harry Fronista, Ruth Bingman

On July 12, 2015, our Chapter met at Anna's Greek Restaurant on Sawmill Road in Columbus, Ohio. A few members were absent due to vacation time and fun in the sun. We discussed our Annual Golf Outing scheduled for August 22, 2015. Proceeds will be donated to our Pan-Icarian Scholarship Fund. We also discussed delegates for the 2015 Convention; voted to send \$1,500 to the Pan-Icarian Scholarship Fund; and voted to take out a full page Ad in the Album for the 2015 Convention.

Zaharoula Maria ("Loula") was baptized on June 6 at the Annunciation Greek Orthodox Church in Dayton, Ohio. Celebrating this wonderful day were her parents Andrew and Dessine Ziehler, and big brother Matthew. Her grandparents are Matthew and Jackie Kaiser and great-grandparents Albert and Dessine Fricioni. Her loving godmother is Stamatina Tolias.



HELIOS

CLEARWATER #19

Philip Alexander Louis Robertson was born on May 6, 2015 at Morton Plant Hospital in Clearwater, FL.



He weighed 7 pounds, 7 oz. Philip is the son of proud parents Aaron and Sophia Robertson (nee Manners) of Clearwater, FL. Proud grandparents are Martha Robertson of Palm Harbor, FL, Randall Eugene Robertson of Tallahassee, FL, and Plato and Irene Gandjos of Dunedin, FL. Aaron and Sophia are very blessed to have Philip in their lives.

Helios Chapter is most grateful to *John Houtrides*, artist, sculptor, and member, for creating the "Statue of Icarus" which was unveiled in April. We are delighted to display this beautiful art in our leski. It reminds us of how fortunate we are to have such a legacy.



Over 60 Helios members, young and old, joined in for a relaxing picnic at Philippe Park in Dunedin, Florida, recently. Great weather and delicious food was enjoyed by all. Our newest member, Cole Kountoupis, 8 years old, entertained us on his violi by playing the Ikariotiko as well as wishing Helen Contogianis a very Happy Birthday with a song. We hope to do it again next year!



*Cole Kountoupis (left)
Nick Plutis (above)*



*Ted and Koula Plakas (above)
Maya Shokkos and niece Alexandra Xilas (right)*



*Alexandra Papa and
Nicole Tripodis (right)*

Chapter members are preparing for a mini-glendi in the fall as well as holiday get-togethers. Our 39th Annual Winter Glendi takes place on Saturday, January 30, 2016, in Clearwater, Florida. We hope to see you then.



In November 2014 Kavo-Papas held our 18th annual Bake Sale. This yearly anticipated bake sale is the biggest fundraiser for our chapter. The amazing congregation of the Annunciation Greek Orthodox Church in Houston kindly supported our chapter's endeavor by happily buying our amazing baked goods. Our awesome members made and sold delicious items such as chourekia, harva, pies, cookies, kouourakia, baklava, and so on.



This picture is Stathy and Chrissy Demeris' house. They were affected from the massive rain that swept through Houston during the Memorial Day weekend. Water from the already swollen bayou inched its way through the neighborhood flooding the streets, yards, and then making its way into the house.



Christopher Saphos, son of Alex and Melissa Saphos, graduated from Lutheran South Academy (LSA) with Honors in Houston on May 22, 2015.



During his time at LSA, he excelled athletically and academically and was a three-year Varsity Letterman on the Pioneer Football team. During his senior year, the team captured All District and All Area Championships. At the conclusion of the season, he was named to the All District Offense and received a team Pioneer Award, which was voted on by his teammates. In addition to football, he also played catcher for the Pioneer baseball team for a season and on the golf team.

Academically, Saphos was a member of the National Honor Society where he served as a peer tutor and helped with many service projects. Outside of school, he was a member of Kavo Papas and participated in the Annual Bake Sale, and worked at a local golf course and the local Little League. He also served volunteer hours at a food pantry and in local schools.

Saphos applied to several schools and was invited to join all of them as well as a few football programs. But, in the end, he decided to attend Lamar University in Beaumont, TX, to pursue a career in engineering.

Christopher is the grandson of Maria and the late George Saphos of Baytown, TX and his Godparents are Apostoli and Assimina Saffos of New Jersey.

Εις μνήμην Γιώργου Τουρά
Ένα τετραπέρατο μυαλό κοιμάται για
πάντα. Αυτό ανήκε στον αδερφό και
φίλο μας Γιώργο Τουρά.

Ο Γιώργος ήταν ένας άνθρωπος με
μια μεγάλη καρδιά που χωρούσε όλο
τον κόσμο. Για τα παιδιά μας ήταν
ο θείος Γιώργος, τον αγαπούσαν και
τον σέβονταν. Για μας τους Ικάριους,
η προσφορά του ήταν ανεκτίμητη.

Έφτιαξε το σπίτι του λέσχη και το
διέθετε στον Σύλλογό μας όποτε
το χρειαζόμαστε. Για εκείνον αυτό
δεν ήταν αρκετό, μας έφτιαχνε και
καριώτικο φαγητό και τα έξοδα δικά
του. Σ' αυτό φυσικά ήταν σύμφωνη και η σύζυγός του Αμαλία.

Για τους φίλους του ο Γιώργος ήταν πάντα εκεί, να τρέξει και να βοηθήσει.
Ήταν ένας απλός και χρήσιμος άνθρωπος στην κοινωνία. Ένας εργατικός
και ευφυέστατος άνθρωπος που διακρίθηκε, για την ευρεσιτεχνία του από το
Πανεπιστήμιο του Τορόντο, όπου εργάστηκε, πάνω από 25 χρόνια, ως μηχανικός
συντήρησης.



Για όσους τον γνώρισαν, ας τον θυμούνται με τον ίδιο σεβασμό και αγάπη που του
είχαν και όταν ήταν μαζί μας. Μας άφησε μόνο καλές αναμνήσεις.
Αγαπημένε μας αδερφέ και φίλε Γιώργο, εύχομαι σε τούτο το τελευταίο σου ταξίδι να
έχεις πάντα γαλήνη.



Αιωνία σου η μνήμη.
Βασίλης Φραδέλος
Ιδρυτικό μέλος του
Συλλόγου Ικαρίων
Τορόντο "Νήσος
Ικαρία"



Θερμούς Χαιρετισμούς σε όλους από το τμήμα 22 Ίκαρος του Μόντρεαλ.

Προσφατα γιορτασαμε πολλές διαφορες εκδηλωσεις με τα μελοι μας, οι οποιες ητανε ως εξης:

Στης 26 Απρίλιου έγινε η καθιερωμένη μας εκδρομή σε ένα μικρό χωριό του Κεμπέκ, φημισμένο για τα δέντρα (Πλατάνια) του από τα οποία προέρχεται το γνήσιο σιρόπι του Καναδά. Μαζευτήκαμε να απολαύουμε λιχουδιές όπως ζεστά ψωμιά, ρεβιθόσουπα, καπνιστό



ζαμπόν, μπέικον, ομελέτες, πατάτες, και για επιδόρπιο τα φημισμένα γλυκά, όπως τις κρέπες, τις ταρτελέτες, και οι σπιτίσιοι λουκουμάδες, όλα περιχυμένα με το ζεστό και γνήσιο γλυκό σιρόπι που προέρχεται από τα χίλια δέντρα που περιτριγυρίζουν το χωριό.

Με μεγαλη χαρα υποδεχτηκαμε στις 30 Μαιου τα σεβαστα μελοι του Κεντρικου Συμβουλιου της Πανικαριακης Αδελφοτητας της Αμερικης οπου εγινε η προσφατη τους συνεδριαση στην ομορφη πολη μας . Ηταν μεγαλη τιμη μας να μας επισκευτηκε η Προεδρος Τερρι Πλαιτις, και ο Αντιπροεδρος Γιωργος Παραλεμος, ο Γραμματεας Δαμιανος Σκαρος, η Ταμιας Κατερινα Πανδελαδης, η Αλεξανδρα Κατσας -Κυβερνητης της



Επαρχιας #5, ο Νικος Σκαρος- Κυβερνητης της Επαρχιας #6 και η Ελενη Τρατρας Κοντις, Διευθυντρια απο το Foundation.



Περασαμε μια απιθανη βραδια παρεα με τους καλεσμενους μας και γιορτασαμε με φαγοποτι και αξεχαστες στιγμες. Τους ευχαριστουμε ολοθερμα που μοιραστηκαν αυτην την ωραια βραδια μαζί μας και με μεγαλη χαρα ελπιζουμε να τους ξανασυναντησουμε!

Αυτά ήταν τα πρόσφατα νέα του τμήματός μας, σας εύχομαι ένα ωραίο και ξεκούραστο καλοκαιράκι, και καλή αντάμωση στο συνεδριο του Τμήμα Ικαρος 7 στο Πιττσβουργο!

Με εκτίμηση,
Η Γραμματεας Χρυσά Ευστρατουδακη

Greetings to all Ikarians from Montreal Chapter #22 April 26th, as a seasonal ritual in Quebec, we gathered at our annual traditional Cabane a Sucre (Sugar



Shack) in a rural village to feast on the traditional, delicious delicacies of hot rolls, pea soup, regular and smoked ham, omelette, bacon rinds, roast potatoes, homemade baked beans and followed by maple-sweetened desserts like pancakes, maple sugar tarts, homemade donuts all made with the pure maple syrup of the thousands of maple trees surrounding the village.

It was with great joy that we welcomed on May 30th a visit from the Supreme Lodge Officers of the Pan-Icarian Brotherhood of America as well as some of the District Governors and Foundation Officers as they held their recent meeting in our beautiful city of Montreal.



Respectfully submitted,
Chryssa Efstratoudakis, Chapter Secretary

DRAKANON

Greetings to everyone!

We held several meetings this year to discuss our club's activities for 2015. We took a casino trip to the Hard Rock Rocksino as one of our club's activities in June. None of us were too lucky that day, but, those who attended had fun. We are gearing up for attending the upcoming convention in Pittsburgh this year as we selected our delegates and alternates at our last meeting. Many of our members are planning to attend and we look forward to seeing all the attendees from the other clubs. It should be a great time for all!

Hope to see many members who can attend the convention this year in Pittsburgh and best of luck to the Pittsburgh chapter on putting together a wonderful convention. We know you will put on a great convention! Take Care!

Submitted by Chris Parianos - Secretary

Greetings to all our fellow Ikarians. We hope everyone is well. We would like to share exciting news about some of our members.

An Easter party was held where all the kids hunted for Easter eggs and had a blast playing games.

We are busy planning our Thanksgiving Weekend Glendi and very excited on making this a big success.



Baptized: Triffon Ploutis
Parents Elias and Bessie,
older sisters, Caroline and
Eleni



Baptized:
Angelique Ploutis
Parents George and
Aurelia, older brother
Alex



Mike and Peggy Georgos celebrated the graduation of their son *George Georgos* from Purdue University where he received a BA in Management/Accounting. He is eager and excited to start his career in a job opportunity.

Congratulations to Bill and Lauren Manalopoulous on the birth of their baby boy Andrew.



Congratulations to *Pete Dalis and Ashley Combs* who were united in marriage in front of their family.

We wish everyone a safe and happy summer.
Best Regards, Angie Dalis



Argie Tsampis-Tripodis celebrated the graduation of her daughter *Daniella* from Valparaiso University with BA of Science in Fine Arts. She is looking forward in starting her next step in her life.

Greetings from Eirini, Chapter 28!

This Pascha season our chapter once again sponsored a successful fundraising event on Holy Friday evening. Our community members purchased Kandilia bags “in memory of” or “for the health of” their loves ones. The white Kandilia bags illumined the pathway of the burial procession of our Lord and Savior. All proceeds were donated to the Annette Mavrophilipos Dance Scholarship fund, sponsored by our Eirini Chapter. The scholarships were awarded to three deserving graduating seniors who have participated in the Greek dance Ministry at our Annunciation Cathedral in Norfolk, Virginia. As always, this ministry continues to keep the memory of Annette alive in our community. May her memory be eternal.

Congratulations to member Deanna Stepanovich, daughter of John and Anna Maria (Contes) Stepanovich, and Damianos Skaros, son of Theodore and Marcia Skaros of the Panagia Chapter of Buffalo, on their marriage! The couple was married at the Annunciation Cathedral on April 25, 2015. Family attended the wedding from all over the country and cousins even came from Ikaria to celebrate!



The two flower girls were the adorable Evangelia and Eirini Bredologos, daughters of members Stellios and Kelly (Pedos) Bredologos. It was an absolutely perfect day! The couple now resides in Orchard Park, NY, and looks forward to attending the convention this summer in Pittsburgh! Na zisete!



The Chapter looks forward to their annual summer party to celebrate the feast day of Agia Marina this July. This has always been a beautiful celebration and we look forward to making wonderful memories together as we plan for upcoming chapter events!

Also, we would like to take this time to congratulate our new board members! Anna Pedos was elected President of Chapter Eirini and Christina Mavrophilipos was elected Vice-President. Pari (Mavrophilipos) Smith now serves as secretary and Kelly Bredologos serves as treasurer. We thank them for their commitment and service to our chapter!

God bless and we can't wait to see everyone at the convention in Pittsburgh this summer!

Me agapi,
Eirini-Chapter #28



IN MEMORY OF



Christopher Pamphilis



Christopher “Chris” Pamphilis, born October 29, 1968 in Morristown N.J.

On February 28 2015, Heaven gained an angel as Christopher “Chris” Pamphilis left his earthly body at the age of 46. He was a devoted husband, dedicated father, gracious son, caring brother, dependable uncle and loyal friend. Chris’s courage and strength inspired others to live life fully, to be better and to strive for greatness. His faith was unwavering, demonstrating that trust and devotion brings absolute peace.

Chris graduated from Southwest Texas State University with a Bachelors of Science degree in Recreational Administration. An entrepreneur at heart, he had the ability to fulfill many of his dreams. One in particular was his love for fitness. He opened two gyms and hosted many power-lifting competitions in which he participated. Later, he moved into the wireless industry where he worked in sales at all levels of management for the last 14 years. The last quarter of his career he was at the top of the charts awarding him with the #1 spot in his division. His work ethic and tenacity was acknowledged and respected by everyone who knew him.

Chris will be remembered for his honesty, integrity, and helpful nature. He was a gladiator with determination to fight any battle propositioned. Our hearts are heavy as mourn, but rejoice in the knowledge that Chris is standing with God our Father looking down upon us all. His legacy will continue and may his memory be eternal.

Chris is survived by Wife, Mandy, son, Charlie and daughter, Catherine; Parents, Theodora (Carafas) and Louis DeNino; Sister and brother in-law, Celeste and Bill Patsouras; Brother and sister in-law, Dean and Bonita Pamphilis; Nephew Zach Patsouras; Nieces: Alex Patsouras, Christina and Sophia Pamphilis. He is predeceased by Father, Nicholas C. Pamphilis; Grandparents, Stamatoula and Kosta Pamphilis and Sophia and Chris Carafas.

Donations in memory of Chris Pamphilis may be made to:
M.D. Anderson Cancer Center, Colon Cancer Research
P.O. Box 4486
Houston, TX 77210-4481
Please include Chris’s name with your memorial gift.



IN MEMORY OF



Nick G. Koklanaris



Ikaria has lost one of its favorite sons. My father, Nick G. Koklanaris passed away on June 16th, 2015, after a brief illness. Nick was 86. He is survived by his son George and daughter Maryann, his brother Dr. Emanuel Koklanaris, his sister Dessi Plutis, and his grandchildren, Alexa, Olivia and Nicholas along with many nephews, nieces and great nephews and nieces whom he loved as if they were his own children.

Nick was born in the village of Panagia on the island of Ikaria in 1929. He, together with his younger brother and mother Maria, survived the terrible war years on the island by harnessing that rare combination of courage, grit, love for each other, and sheer determination. As a barefoot youngster he would roam the island foraging for greens, salt and anything that was remotely edible. Not content to merely survive, Nick, under his mother's tutelage, would study at night by candlelight determined to acquire as much education as he could. Such was his fervor for learning that he was chosen as the "symeaforo" or flag bearer, during the March 25th celebrations on the island. This honor was given only to the top high school student on the island. In 1946 Nick and his family left the island and migrated to the United States where his father, George, fresh from the US Army, awaited them. After graduating from High School and serving in the US Army in Berlin during the onset of the Cold War, Nick went on to graduate from Wayne St. University in Detroit with a degree in electrical engineering. He promptly married the love of his life, Alexandra, the girl whom he grew up with literally next door in Ikaria and then followed to Detroit, and then went to work at Great Lakes Steel where he stayed his entire work career. Upon retiring he could be found on his beloved island, Ikaria, hiking from one end of the island to the other, retracing his early childhood journeys. He would treat his fellow hikers (his children, his nieces, nephews and anybody else who could keep up with him!) to the history, lore, traditions and beauty of the island...he was Ikaria's best ambassador and instilled that love of Ikaria in his family and friends. In the early morning and late in the evening, coffee cup in hand, he could be found in the tavernas in Faro, engaging anybody within hailing distance, preaching the gospel of Ikaria.

Contributions in Dad's name can be sent to the Foundation's Scholarship Fund. To ensure that his love of education and Ikaria are carried on, a scholarship in his and my Mother's name will be established.

Dad, your family, your friends and your beautiful island will miss you...



IN MEMORY OF



Stavros N. Pasamihalis

On April 20th, 2015, Stavros N. Pasamihalis, beloved husband, father, and grandfather unexpectedly passed away. He was a proud and true son of Ikaria.

Stavros was born in Perdiki, Ikaria, in 1947 to parents Nicholas S Pasamihalis and Kaliope Mavrophilipapas and his siblings Stavroula, John, Argero, and Theodore. He attended school in Perdiki and Agios Kyrikos until the age of 16 at which point he joined the Greek Merchant Marines and at age 18 the Greek Navy.



After his service, he returned home to Ikaria and fell in love and married his bride, Vaso Mantagas. They moved to New Jersey in 1970 where they joined his siblings. They had two children, Nicholas and Kaliope. His family grew with Kaliope's wedding to Gerasimos Kokolis and their children, Nicholas and Vasilia. The family grew again with his son Nicholas' wedding to Ourania Manoli. Stavros owned and operated several successful restaurant businesses and real estate investments with his brothers for 35 years. He was a strong member of the community and St. Thomas Church. He has also served as president of Chapter Atheras and then as District Governor for the Pan-Icarian Brotherhood.

At age 54, Stavros and his wife, got to live their heart's dream and retire to their ancestral home of Ikaria. His heart and home were always open. Stavros had a strong love for Ikaria and was fortunate that his children have embraced the same love. He enjoyed his children and grandchildren's visits to Ikaria as well as his son's wedding that was held in Perdiki.

He was blessed to have enjoyed a full life with a family that will always miss and love him forever.

ΝΕΚΡΟΛΟΓΙΑ ΣΤΑΥΡΟΥ Ν.ΠΑΣΑΜΙΧΑΛΗ
Στίς 20 Απριλίου 2015, απεβίωσε ξαφνικά ο Σταύρος Ν.Πασαμιχάλης, αγαπημένος σύζυγος, πατέρας και παππούς. Ένας περήφανος και αληθινός γιός της Ικαρίας.

Ο Σταύρος Ν.Πασαμιχάλης, γιός του Νίκου Πασαμιχάλη και της Καλλιόπης, το γένος Μαυροφίλιππα, γεννήθηκε στο Περδίκι, Ικαρίας το 1947. Τ'αδέλφια του είναι η Σταυρούλα, ο Γιάννης, η Αργυρώ και ο Θοδωρής.

Παρακολούθησε τα σχολεία Περδικίου και Αγίου Κηρύκου, μέχρι την ηλικία των 16, όταν και έπιασε δουλειά στο εμπορικό ναυτικό. Στην ηλικία των 18 κατατάχτηκε στο Πολεμικό Ναυτικό.

Μετά τη θητεία του, επέστρεψε στην Ικαρία όπου ερωτεύτηκε και παντρεύτηκε τη Βάσω Μανταγά.

Μετακόμισαν στο New Jersey το 1970 όπου συνάντησαν την υπόλοιπη οικογένεια του.

Απέκτησαν 2 παιδιά, τον Νικόλαο και την Καλλιόπη.

Η οικογένεια του μεγάλωσε με τον γάμο της κόρης του Καλλιόπης, με τον Γεράσιμο Κοκκόλη, η οποία απέκτησε επίσης 2 παιδιά, τον Νικόλαο και τη Βασιλεία. Έπειτα, η οικογενειά του μεγάλωσε ξανά, με τον γάμο του γιού του Νικόλαου, με την Ουρανία Μανώλη.

Ο Σταύρος απέκτησε και λειτούργησε διάφορες επιτυχημένες επιχειρήσεις εστιατορίων και κτηματόμεσιτικές επενδύσεις, με τ'αδέλφια του για 35 χρόνια.

Ήταν εξέχων μέλος της Ελληνικής κοινότητας και της εκκλησίας του Αγίου Θωμά. Επίσης, διετέλεσε πρόεδρος του συλλόγου Αθήρας και πρόεδρος της περιφέρειας, για την αδελφότητα των Παν-Ικάρων της Αμερικής.

Στην ηλικία των 54 χρονών ο Σταύρος και η γυναίκα του κατ'αφεραν να κάνουν πραγματικότητα τ' όνειρο της ζωής τους και ν'αποσυρθούν στο πατρικό σπίτι στην Ικαρία. Η καρδιά και το σπίτι του ήταν πάντα ανοιχτά για όλους.

Είχε μεγάλη και θερμή αγάπη για την Ικαρία, και ήταν τυχερός που και τα δύο παιδιά του, την έχουν αγκαλιάσει με τόση αγάπη. Ήταν χαρούμενος όταν τα παιδιά του και τα εγγόνια του, τον επισκέφτονταν στο χωριό. Όπως και όταν ο γιός του παντρεύτηκε στο Περδίκι.

Ήταν ευλογημένος που απόλαυσε μια γεμάτη ζωή με την οικογενειά του, που θα τον θυμούνται και θα τον αγαπούν για πάντα.

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CHAPTER PRESIDENTS AND CONTACT INFORMATION

PRAMNE #1 YOUNGSTOWN

Jaclyn Sarah Elias
4069 Alvacardo Dr.
Canfield, Ohio 44406
jaclynelias@g.mail.com

V.I. CHEBITHES #2, AKRON

Evangelia Spithas Fresty
2905 Gasser Blvd.
Rocky River, OH 44116
330-715-1704 ispithas@gmail.com

PHAROS #3, CLEVELAND

James Gemelas
3920 Case Rd.
Avon, OH 44011
440-724-5866
jamesgemelas@gmail.com

DAEDALOS #4, WARREN

Fotini Raptis Facaros
16780 Orange Lane
Auburn Twp, OH 44023
330-307-8834
facaros@raptiscoffee.com

PANDIKI #5, NEW YORK

George Paralemos
58-03 202 Street
Bayside, NY 11364
718-781-1491 Icaros@aol.com

DOLICHE #6, STEUBENVILLE

Stacy Kotsanis
1716 Hamilton Place
Steubenville, OH 43952
740-283-2792
kotsanis@comcast.net

ICAROS #7, PITTSBURGH

Joanne Melacrinos
531 Berkshire Avenue
Pittsburgh, PA 15226
412-563-4609 JLM563@aol.com

FOUTRIDES #8, CHICAGO

James G. Lakerdas
5300 South Shore Drive Ste 100
Chicago, Illinois 60615
773-485-1088
jlakerdas@chadwicklakerdas.com

SPANOS/ARETI #9 DETROIT

Steve M. Papalas
8119 Woodcrest
Grosse Ile, MI 48138
313-277-6779
stevem@johnapapalasco.com

THERMA #10, WILMINGTON

Evangelo Fragos
2148 Monroe St.
Wilmington, NC 28401
910-233-2572 fragoseva@aol.com

LYCHNOS #11 NO. CALIFORNIA

Dorothy Glaros
1157 Austin Wy
Napa, CA 94558

ATHERAS #12, PHILADELPHIA

James Houtridis
15 Lexington Avenue
Merchantville, NJ 08109
856-397-3838 mrtzimarar@yahoo.com

OINOE #14 SO. CALIFORNIA

Bryan Gittings
1553 E. Topeka St
Pasadena CA 91104
626-797-2795 rbg20@yahoo.com

NEA IKARIA #15, PT. JEFFERSON

John Vardaros
12 Forest Avenue
Lake Grove, NY 11755
631-585-9081

LEFKAS #16, BALTIMORE

George Moratis
11715 Winter Way Lane
Fairfax Station, VA 22039
703-978-9122 gmoratis@aol.com

CHRIST E. AIVALIOTIS #17

COLUMBUS

Jacqueline "Jackie" Moraitis
3786 Riverwatch Lane
Columbus, Ohio 43221
614-529-8738 jackie3786@hotmail.com

HELIOS #19 CLEARWATER

Linda Tripodis Murray
8355 40th Ave. N
St. Petersburg, FL 33709
727-244-7563
jmurray8@tampabay.rr.com

KAVO-PAPAS #20 HOUSTON

Benny Ringer
5518 Darnell Street
Houston, TX 77096

NISOS IKARIA #21 TORONTO

Pantelis Genouzos
122 Ellendale
Scarborough Ontario Canada
416-425-5872

IKAROS OF MONTREAL #22

Chryssa Efstratoudakis
4124 Guenette
Laval, Quebec H7T-2G1
Canada cefstra@hotmail.com

LANGADA #23 "Spirit of Ikaría"

ATLANTA
Chris Tripodis
315 Huntwick Court
Alpharetta, Ga 30005
cseptrip@bellsouth.net

DRAKANON #24 PARMA

Emmanuel Mike Karniotis
5706 Susan Drive
Castalia, OH 44824
419-684-5959 ekarniotis@bex.net

N'IKARIA #25

NORTHWEST INDIANA

Elias Gemelas
106 N. Michigan Avenue
Hobart, IN 46342
219-712-8805 elias.gemelas@gmail.com

PANAGIA #26

UPSTATE NEW YORK

Nick Skaros
5 Pauline Court
Lancaster, NY 14086
716-681-4876 ngskaros@aol.com

EIRINI #28 S. E. VIRGINIA

Stefanos Pedos
2713 Martone Road
Norfolk, VA 23518
757-588-1734 anna.pedos@gmail.com

Official Address
Pan-Icarian Brotherhood
of America

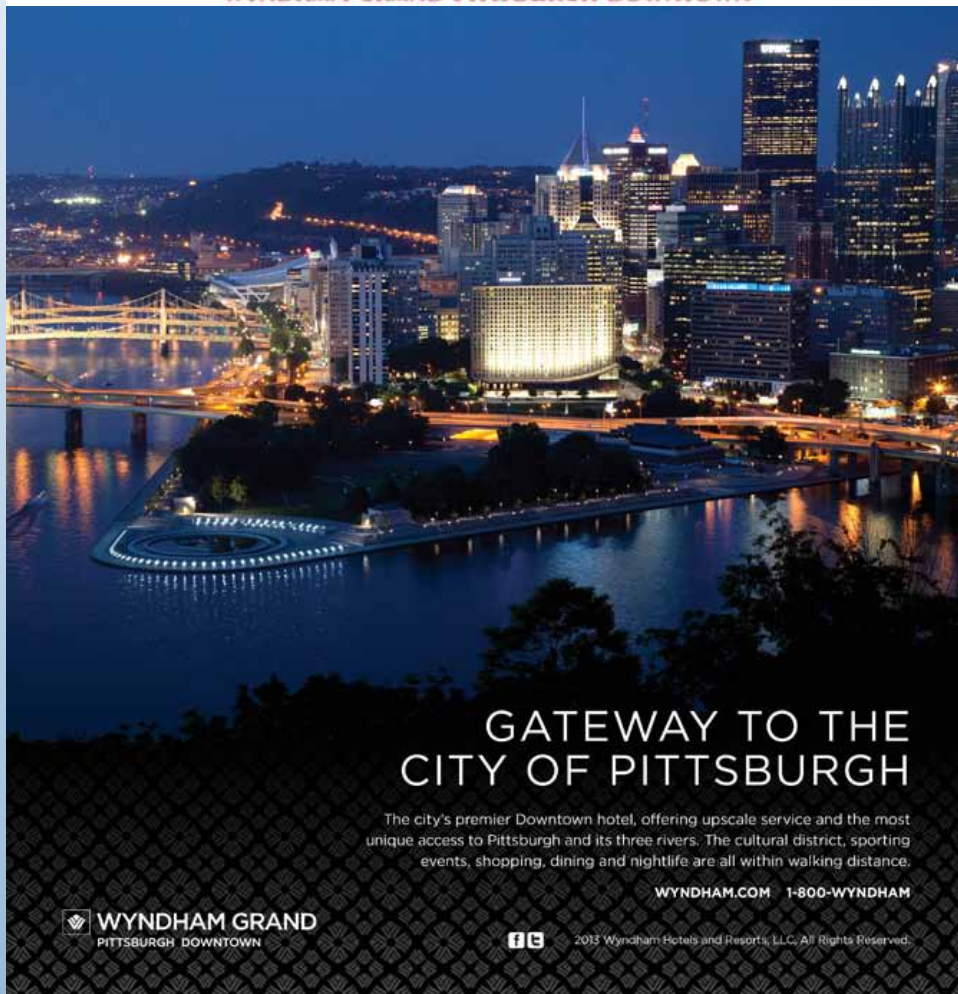
IKARIA MAGAZINE

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